



Hominy or Rice Muffins

- | | |
|---------------------------|-----------------------------|
| 1 cup cold hominy or rice | 4 teaspoons baking powder |
| 2 cup milk | 2 eggs |
| 1 cup flour | $\frac{1}{2}$ teaspoon salt |

Batter served by adding milk gradually. Add flour, baking powder, and salt sifted together. Add eggs, well beaten. Pour into greased muffin pans. Bake in quick oven $\frac{1}{2}$ hour.

Mrs. ALAN MARSH (Missie Robertson)

Huckleberry Muffins

- | | |
|------------------------------|------------------------------------|
| 2 cups flour | 1 cup huckleberries or blueberries |
| $\frac{1}{2}$ cup shortening | $\frac{1}{2}$ teaspoon salt |
| $\frac{1}{2}$ cup sugar | 4 teaspoons baking powder |
| 1 cup milk | 1 egg |

Sprinkle berries with a little of the flour. Sift remaining flour with other dry ingredients. Melt shortening and combine with milk and beaten egg yolk. Mix dry and liquid mixtures quickly, and fold in stiffly beaten egg whites. Bake $\frac{1}{2}$ hour in 400° oven.

Mrs. LUCIAN WALKER, JR. (Suzanne Dwight)

Plantation Muffins

- | | |
|-----------------------------|-----------------------------|
| 2 cups flour | 1 cup cold cooked rice |
| 4 teaspoons baking powder | 2 eggs, well beaten |
| $\frac{1}{2}$ teaspoon salt | 1 cup milk |
| | 2 tablespoons melted butter |

Mix and sift dry ingredients. Add the rice, stirring well, and then combine with the milk and eggs which have been mixed together. Lastly, stir in the melted butter. Turn into well-greased muffin tin and bake in a quick oven (425°) for 25 minutes. This recipe makes 12 muffins.

Mrs. S. EDWARD LEASE, JR. (Anne Kirk)



Pancakes

"My Father's Recipe for Buckwheat Cakes"

- | | |
|----------------------------|-----------------------------|
| 2 cups lukewarm water | 1 teaspoon sugar |
| 2 cups buckwheat flour | 1 yeast cake |
| (approx.) | 1 tablespoon molasses |
| 1 tablespoon melted butter | $\frac{1}{2}$ teaspoon soda |
| 1 teaspoon salt | 1 egg |

To $1\frac{1}{2}$ cups of lukewarm water, add enough sifted buckwheat flour to make mixture stiff enough to stir easily. To this, add melted butter, salt and sugar, and yeast cake which has been dissolved in $\frac{1}{2}$ cup of lukewarm water. When this has been added, the batter should be a little softer than muffin batter (it must pour from the spoon easily). If too thick, add a little more lukewarm water; if too thin, add a little more buckwheat flour. Let aside to warm place to rise overnight. In morning, add molasses, soda, and egg. Beat thoroughly. Pour by tablespoonful onto hot griddle, turning once. Serves 8 to 9.

Mrs. ALBERT KASNER (Hazel Hunter)

Mrs. Fishburne's Corn Pancakes

- | | |
|----------------------------|--------------------------|
| 1 cup yellow corn meal | $1\frac{1}{2}$ cups milk |
| 1 cup boiling water | $\frac{1}{2}$ cup flour |
| 2 tablespoons bacon grease | 1 teaspoon salt |
| 1 tablespoon sugar | 1 teaspoon baking powder |
| | 1 egg |

Soak corn meal in boiling water. Add bacon grease and sugar. Sift in flour, salt and baking powder alternating this with milk. Add the egg. Drop by dessertspoonful on the griddle. Make pancakes small. Those with honey are something special. Serves 4-6.

Mrs. BEN JERRY WEAVER (Kathy Fishburne)

Charleston Receipts

Junior League of Charleston



Charleston Receipts:

Charleston Receipts Mary Vereen Huguenin, Anne Montague Stoney, 1974 **Charleston Receipts Repeats** Junior League of Charleston (S.C.), 1990 **Charleston Receipts** Junior League of Charleston (S.C.), 1963 *Charleston Receipts* Junior League of Charleston (S.C.), Mary Vereen Huguenin, Anne Montague Stoney, 1970 **Charleston Receipts Repeats**, 1986 *Charleston Receipts Repeats* debuted in 1986 This cookbook highlights foods abundant in the Lowcountry such as seafood and fresh fruits and vegetables Today's busy cooks can easily follow traditional recipes Divider leafs by local artist William Jameson feature illustrations of historic Charleston Inducted into the McIlhenny Hall of Fame an award given for book sales that exceed 100 000 copies *Charleston Receipts* Junior League of Charleston, 1950 *Charleston Receipts: Collected by the Junior League of Charleston, 1950* Junior League of Charleston (S.C.), 1952 **Classic Junior League Cookbook Collection (Charleston Receipts)**, 2011-01-01 *Charleston Receipts Collected by the Junior League of Charleston*, 1950 *Charleston Receipts Collected by the Junior League of Charleston, 1950* Mary Vereen Huguenin, Anne Montague Stoney, Junior League of Charleston (S.C.), 1950 *Charleston Receipts*, 1950 **The Lee Bros. Charleston Kitchen** Matt Lee, Ted Lee, 2013-02-26 Let James Beard Award winning authors and hometown heroes Matt Lee and Ted Lee be your culinary ambassadors to Charleston South Carolina one of America's most storied and buzzed about food destinations Growing up in the heart of the historic downtown in a warbler yellow house on Charleston's fabled Rainbow Row brothers Matt and Ted knew how to cast for shrimp before they were in middle school and could catch and pick crabs soon after They learned to recognize the fruit trees that grew around town and knew to watch for the day in late March when the loquats on the tree on Chalmers Street ripened Their new cookbook brings the vibrant food culture of this great Southern city to life giving readers insider access to the best recipes and stories Charleston has to offer No cookbook on the region would be complete without the city's most iconic dishes done right including She Crab Soup Hoppin John and Huguenot Torte but the Lee brothers also aim to reacquaint home cooks with treasures lost to time like chewy crunchy salty sweet Groundnut Cakes and Syllabub with Rosemary Glazed Figs In addition they masterfully bring the flavors of today's Charleston to the fore inviting readers to sip a bright Kumquat Gin Cocktail nibble chilled Pickled Shrimp with Fennel and dig into a plate of Smothered Pork Chops perhaps with a side of Grilled Chainey Briar foraged from sandy beach paths The brothers left no stone unturned in their quest for Charleston's best interviewing home cooks chefs farmers fishermen caterers and funeral directors to create an accurate portrait of the city's food traditions Their research led to gems such as Flounder in Parchment with Shaved Vegetables an homage to the dish that became Edna Lewis's signature during her tenure at Middleton Place Restaurant and Cheese Spread la Henry's a peppery dip from the beloved brasserie of the mid twentieth century Readers are introduced to the people past and present who have left their mark on the food culture of the Holy City and inspired the brothers to become the cookbook authors they are today Through 100 recipes 75 full color photographs and numerous

personal stories The Lee Bros Charleston Kitchen gives readers the most intimate portrayal yet of the cuisine of this exciting Southern city one that will resonate with food lovers wherever they live And for visitors to Charleston indispensable walking and driving tours related to recipes in the book bring this food town to life like never before *Two Hundred Years of Charleston Cooking* Blanche Salley Rhett, 1976 Traditional Charleston receipts that are especially valuable for tomato rice seafood recipes Party Receipts from the Charleston Junior League Linda Glick Conway, 1993-01-10 The third Charleston Junior League cookbook reveals more secrets of the city's legendary hospitality *Charleston Receipts Album* Favorite Recipes Press, 2007-12-01 This innovative design for recipe collection allows for a home cook's recipes to be in full view avoiding the hassle of shuffling through cards to find the one you want Plastic sleeves not only protect a torn recipe from a magazine but also cares for those family recipe cards passed down from generation to generation The album also features the best recipes from the Junior Leagues other cookbooks *Party Receipts from the Charleston Junior League* Linda Glick Conway, 1993-01-10 The third Charleston Junior League cookbook reveals more secrets of the city's legendary hospitality

Charleston Receipts, 1973 Charleston Receipts was first published in 1950 and is the oldest Junior League cookbook still in print It contains 750 recipes Gullah verses and sketches by Charleston artists Inside you'll find classic recipes such as Sweet and Sour Pork Charleston Gumbo Angel Food Charlotte Russe Cake and Sweet Green Tomato Pickle **Lowcountry Time and Tide** James H. Tuten, 2012-11-26 A thorough account of rice culture's final decades and of its modern legacy In mapping the slow decline of the rice kingdom across the half century following the Civil War James H Tuten offers a provocative new vision of the forces agricultural environmental economic cultural and climatic stacked against planters laborers and millers struggling to perpetuate their once lucrative industry through the challenging postbellum years and into the hardscrabble twentieth century Concentrating his study on the vast rice plantations of the Heyward Middleton and Elliott families of South Carolina Tuten narrates the ways in which rice producers both the former grandees of the antebellum period and their newly freed slaves sought to revive rice production Both groups had much invested in the economic recovery of rice culture during Reconstruction and the beginning decades of the twentieth century Despite all disadvantages rice planting retained a perceived cultural mystique that led many to struggle with its farming long after the profits withered away Planters tried a host of innovations including labor contracts with former slaves experiments in mechanization consolidation of rice fields and marketing cooperatives in their efforts to rekindle profits but these attempts were thwarted by the insurmountable challenges of the postwar economy and a series of hurricanes that destroyed crops and the infrastructure necessary to sustain planting Taken together these obstacles ultimately sounded the death knell for the rice kingdom The study opens with an overview of the history of rice culture in South Carolina through the Reconstruction era and then focuses on the industry's manifestations and decline from 1877 to 1930 Tuten offers a close study of changes in agricultural techniques and tools during the period and demonstrates how adaptive and progressive rice planters became

despite their conservative reputations He also explores the cultural history of rice both as a foodway and a symbol of wealth in the lowcountry used on currency and bedposts Tuten concludes with a thorough treatment of the lasting legacy of rice culture especially in terms of the environment the continuation of rice foodways and iconography and the role of rice and rice plantations in the modern tourism industry **Two Hundred Years of Charleston Cooking** Lettie Gay, 2021-06-08 A 1930s collection of more than 300 recipes from South Carolina housewives and the African American cooks they employed First published in 1930 as 200 Years of Charleston Cooking this collection of more than three hundred recipes was gathered by Blanche S Rhett from housewives and their African American cooks in Charleston South Carolina From enduring favorites like she crab soup and Hopping John to forgotten delicacies like cooter turtle stew the recipes Rhett collected were full of family secrets but often lacked precise measurements With an eye to precision that characterized home economics in the 1930s Rhett engaged Lettie Gay director of the Home Institute at the New York Herald Tribune to interpret test and organize the recipes in this book Two Hundred Years of Charleston Cooking is replete with southern charm and detailed instructions on preparing the likes of shrimp with hominy cheese straws and sweet potato pie not to mention more than one hundred pages of delightful cakes and candies In a new foreword Rebecca Sharpless professor of history and author of Cooking in Other Women s Kitchens Domestic Workers in the South 1865 1960 provides historical and social context for understanding this groundbreaking book in the 21st century **LIFE** , 1952-09-22 LIFE Magazine is the treasured photographic magazine that chronicled the 20th Century It now lives on at LIFE com the largest most amazing collection of professional photography on the internet Users can browse search and view photos of today s people and events They have free access to share print and post images for personal use

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