

30% **Savings**
of remote workers save up to **\$5,240** per year
Mainly on expenses like commuting and meals.

26% **High Earnings**
of remote employees earn more than \$100,000 annually
Showcasing the financial benefits of remote roles.

Why You Need to Choose Remote Work in 2025

Increased Productivity

Remote workers report a

73% 

increase in productivity due to fewer distractions and a more comfortable working environment



Health Benefits

Remote work can lead to lower stress levels, as it eliminates the need for long commutes and allows for a better work-life balance

Work-Life Balance



of remote workers cite better work-life balance as the main reason for choosing remote work.

Schedule Flexibility

Flexibility is nearly twice as important to remote workers as it is to on-site workers.

Managerial Concerns

59% **vs** **82%**
of managers worry about reduced productivity are concerned about employee loneliness.

4.7 million **Workforce**

employees in the U.S. work from home at least half the week.

Global Adoption

By 2028, it's expected that

73% of all departments will have remote workers, reflecting a lasting shift towards telecommuting.



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How To Choose Remote Work Productivity For Beginners 2025

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