

Discover Your Soul Potential

Using the
Enneagram
to Awaken
Spiritual Vitality



Kathy Hurley & Theodore Donson

Bestselling Authors of *What's My Type?* and
My Best Self: Using the Enneagram to Free the Soul

Discover Your Soul Potential Using The Enneagram To Awaken Spiritual Vitality

Ariell J Lee



Discover Your Soul Potential Using The Enneagram To Awaken Spiritual Vitality:

Discover Your Soul Potential Kathy Hurley, Theodorre Donson, 2000-06 Discover Your Soul Potential shows how to use the Enneagram as a gateway into the full potential of your soul With it you can live with simplicity clarity and compassion you will feel inspired to create a new partnership between the ordinary and Extraordinary sides of your potential The authors combine insights from mystical traditions with contemporary psychology and their intimate knowledge of the Enneagram to provide this tool for ongoing growth As part of their life quest to help people live from the power of their own souls they explain how spiritual vitality can be the privilege inheritance and responsibility of every human being Because of its practical approach this groundbreaking book makes vitality easily accessible to all *The Complete Idiot's Guide to the Power of the Enneagram* Herb Pearce M.Ed., Karen K. Brees Ph.D., 2007-11-06 Empower yourself through self discovery uncover your personality type become your best self and learn about other personality types to improve your relationships In this personality guide Author Laura Miltenberger covers the nine enneagram personality types Each archetype is distinct and influences a person's traits how they work reach goals and relate to others Let the pages of this enneagram workbook take you on a journey of self discovery The book will help you Identify your enneagram type Learn about the defining characteristics of each type Find out how your personality traits can influence your daily habits and interactions Discover how to embrace the strengths of your type and overcome your weaknesses Improve your relationships by deepening your understanding of others Discover your personality Unlock your potential and become your best self with this personality psychology book This book offers a deeper understanding of the complexity of your personality By working through the personality book you'll discover your strengths and weaknesses and quickly identify ways to reach your highest potential Enneagram archetypes are determined by a personality assessment and then each type is analyzed by their strengths and weaknesses Through illustrations and simple explanations the author offers guidance on how to use this knowledge for self awareness and personal growth This book will keep you engaged and ready to implement what you've learned in no time

The Enneagram Spectrum of Personality Styles 2E Jerome Wagner, Ph.D., 2021-02-18 This is the best introductory book you will find on the Enneagram Wagner's guide is a clear and concise introduction to the Enneagram useful for personal exploration and as a teaching ID for workshop presenters and counselors This comprehensive book with charts exercises and bullet descriptions yields an experiential understanding of basic Enneagram principles such as Authentic values and their personality substitutes Resourceful and non resourceful cognitive emotional and behavioral schemas and how they shift under stressful and flow conditions Developmental influences The three centers of sorting and deciding The defense mechanisms principles and paradigms virtues passions and both healthy and maladaptive instincts of each of the nine Enneagram personality types For centuries and now in the light of leading edge psychology the Enneagram has helped people to recognize their predispositions motives and talents Its insights provide valuable information for those in

communication business human resources therapy and personal growth This book helps you to explore the nine different hues of the Enneagram discover your own type and understand the behaviors and attitudes that are uniquely yours It is considered the most concise and easy to use introductory guide available **The American Book of Living and Dying**

Richard F. Groves, Henriette Anne Klauser, 2015-12-16 For most people the thought of dying or caring for a terminally ill friend or family member raises fears and questions as old as humanity What is a good death What appropriate preparations should be made How do we best support our loved ones as life draws to its close In this nondenominational handbook Richard F Groves and Henriette Anne Klauser provide comfort direction and hope to the dying and their caregivers through nine archetypal stories that illustrate the most common end of life concerns Drawing from personal experiences the authors offer invaluable guidance on easing emotional pain and navigating this difficult final passage With a compelling new preface this edition also features an overview of the hospice movement a survey of Celtic Tibetan Egyptian and other historic perspectives on the sacred art of dying as well as various therapies techniques and rituals to alleviate suffering stimulate reflection and strengthen interpersonal bonds The American Book of Living and Dying gives us courage to trust our deepest instincts and reminds us that by telling the stories of those who have passed we remember honor and continue to learn from them

Leadership by the Number Jon E. Singletary, 2023-04-11 Harness the power of ancient Enneagram philosophy to maximize your educational leadership impact In Leadership by the Number Using the Enneagram to Strengthen Educational Leadership distinguished academic and leadership coach Dr Jon Singletary walks you through how to use the ancient wisdom of the Enneagram of Personality with modern contemplative practices to transform how you lead your department school college or university You ll learn to effectively balance the conflicting demands of your role with greater patience skill and peace of mind by changing how you think act and feel every day In the book the author provides Explanations of the benefits of self aware leadership including the identification of competing forces and understanding stakeholders strengths and weaknesses Insights into the critical role of self awareness in educational leadership Concrete strategies for strengthening university college unit and departmental leadership A can t miss resource for higher education administrators and other school leaders Leadership by the Number also belongs in the hands of students of education and leaders in training who wish to maximize the impact they can have on the institutions they ll one day lead **Subject Guide to Books in Print**, 1991

The Sacred Enneagram Andy Connor, 2022-04-13 HISTORY S MOST POWERFUL ANCIENT SYSTEM FOR STRENGTHENING YOUR RELATIONSHIPS Rouse your spirit connect with others and live a happier life Have you ever heard of the Enneagram This ancient system separates every human being into 1 of 9 distinct personality types empowering us to use the content of our character to understand ourselves AND those around us This is the ONLY way to TRULY awaken your soul grow spiritually and build healthy relationships with others UNLOCK THE MYSTERIES OF THE ENNEAGRAM The Enneagram was designed and created by some of history s greatest minds Now that it s been rediscovered you too can tap

into its historical power to grow personally professionally spiritually and emotionally THIS IS MORE THAN A BOOK Once you know your personality and traits fears motivations and psychological triggers you ll be empowered to cut through your weaknesses embrace your strengths and build the great life you ve always wanted Simplify a complex ancient system Embrace your personality don t try to change it Become more productive at work Strengthen your relationships with important people in your life Discover things you never knew about yourself Wake up every morning with purpose And so much more READY TO DISCOVER WHO YOU REALLY ARE There s no need to be scared of the Enneagram The ancient system may be intrinsically complex but we ve simplified every part of it so you can understand and embrace it Get your digital or paperback copy of The Sacred Enneagram now Every second without this book is a second wasted to a mediocre life YOU are WORTHY of SO much MORE Absorb everything this book has to offer and let this powerful ancient system make your life easier Excited yet Join 1000s of people who ve already used the Enneagram system to change their lives Could you be next

The Sacred Enneagram Andy Connor, 2022-02-23 HISTORY S MOST POWERFUL ANCIENT SYSTEM FOR STRENGTHENING YOUR RELATIONSHIPS Rouse your spirit connect with others and live a happier life Your customers will love this lifechanging book Have you ever heard of the Enneagram This ancient system separates every human being into 1 of 9 distinct personality types empowering us to use the content of our character to understand ourselves AND those around us This is the ONLY way to TRULY awaken your soul grow spiritually and build healthy relationships with others UNLOCK THE MYSTERIES OF THE ENNEAGRAM The Enneagram was designed and created by some of history s greatest minds Now that it s been rediscovered you too can tap into its historical power to grow personally professionally spiritually and emotionally THIS IS MORE THAN A BOOK Once you know your personality and traits fears motivations and psychological triggers you ll be empowered to cut through your weaknesses embrace your strengths and build the great life you ve always wanted Simplify a complex ancient system Embrace your personality don t try to change it Become more productive at work Strengthen your relationships with important people in your life Discover things you never knew about yourself Wake up every morning with purpose And so much more READY TO DISCOVER WHO YOU REALLY ARE Could your customers be next GET YOUR COPIES NOW

The Sacred Enneagram Christopher L. Heuertz, 2017-09-05 Most of us spend a lifetime trying to figure out who we are and how we relate to others and God The Enneagram is here to help Far more than a personality test author Chris Heuertz teaches us that the Enneagram is a sacred map to the soul Lies about who we think we are keep us trapped in loops of self defeat but the Enneagram uniquely reveals nine ways we get lost as well as nine ways we find our way home to our true self and to God Whether you are an enthusiast or simply Enneagram curious this groundbreaking guide to the spiritual depth of the Enneagram will help you Understand the why behind your type beyond caricatures and stereotypes Identify and find freedom from self destructive patterns Learn how to work with your type toward spiritual growth Awaken your unique gifts to serve today s broken world Richly insightful and deeply practical The

Sacred Enneagram is your invitation to begin the journey of a life transformed Praise for The Sacred Enneagram Integrated within these pages is Chris s extensive knowledge and understanding of this ancient tool along with depth in his teaching of contemplative spirituality as practiced by Jesus Readers are offered a powerful way forward in their unique journey of spiritual transformation through aligning Christian contemplative prayer postures to specific Enneagram types Nina M Barnes Dean of Spiritual Formation Leadership University of Northwestern St Paul The Sacred Enneagram is a groundbreaking contribution to the Enneagram community providing unique spiritual growth insights for all nine types If you re not yet convinced of the value depth and accuracy of the Enneagram Chris demystifies and makes this ancient wisdom more accessible than ever George Mekhail pastor The Riverside Church NYC *The Enneagram Journey* Victoria Heuertz,2019-08-23 Buy the Paperback Version of this Book and get the Kindle Book version for FREE There a lot of things that helps us to distinguish one from another and all of them can be explained by a unique analysis system called Enneagram This system was made to determine a specific personality type and to predict behaviors Its accuracy made people ask themselves if there was a spiritual element into the system Enneagram is a tool designed to help simplify and increase people s knowledge of themselves Here it is professional guide about how Enneagram works and a collection of tests that will help you discover yourself Here it is what you will find inside ENNEAGRAM What is the Enneagram and how to use it Types of Enneagram personalities The Enneagram as a universal symbols of an ancient teaching Personality test a help to discover yourself and much more Discovering yourself is sometime more difficult than get to know a stranger To discover your real personality you have to go deep inside your mind and feelings and find your true spiritual Enneagram type You need to be aware of yourself if you want to achieve your goals in life Not knowing about yourself can harm you and hurt your relationships as well If you are seeking some support in figuring things out or if you are feeling like you are trapped in a rut then this is the perfect book for you The Enneagram is an ancient pseudo scientific technique used to identify a human being s personality type An Enneagram helps to define the different personality types of human beings with uncanny accuracy It helps to describe how unusual and strange human beings are According to the Enneagram there are 9 personality types Each of these categories comes with its own set of positive and negative traits In this book you will learn about each of these personality categories and how each type interrelates with others It is a wonderful tool but a tool is only as good as the purposes it s used for As you discern the types of other people in your life you can use the Enneagram to navigate interactions being mindful of your own biases and tailoring communication to their goals and perspectives You can introduce the system to groups creating a common language for members to understand each other Simply put this book will answer the big question Why do you do what you do whether or not it s voluntary It unveils the underlying motives behind each of us and it will help you gain clarity on the patterns that are not serving you so you can improve upon them as well as shine a light on the positive traits that you need to be taking advantage of Take a bold step and make a difference in your life You will

thank the Enneagram for your own successful personal growth Get ready to come face to face with your Enneagram Personality You don t know how to do it Then this guide is perfect for you What are you waiting for Press the buy button and begin your journey toward spirituality and discovering yourself Enneagram Test Victoria Heuertz,2019-09-06 The enneagram is a personality type that can bring to you a lot of benefits If you want to find out more about this unique analysis system keep reading There a lot of things that helps us to distinguish one from another and all of them can be explained by a unique analysis system called Enneagram This system was made to determine a specific personality type and to predict behaviors Its accuracy made people ask themselves if there was a spiritual element into the system Enneagram is a tool designed to help simplify and increase people s knowledge of themselves Here it is professional guide about how Enneagram works and a collection of tests that will help you discover yourself Here it is what you will find inside ENNEAGRAM TEST How does the Enneagram works and how to find out which is your basic personality type How to use the Enneagram as a tool to benefits your life What is the awakening soul A test to find out what your personality type is What is the Enneagram and how to use it Types of Enneagram personalities The Enneagram as a universal symbols of an ancient teaching and much more Discovering yourself is sometime more difficult than get to know a stranger To discover your real personality you have to go deep inside your mind and feelings and find your true spiritual Enneagram type You need to be aware of yourself if you want to achieve your goals in life Not knowing about yourself can harm you and hurt your relationships as well If you are seeking some support in figuring things out or if you are feeling like you are trapped in a rut then this is the perfect book for you The Enneagram is an ancient pseudo scientific technique used to identify a human being s personality type An Enneagram helps to define the different personality types of human beings with uncanny accuracy It helps to describe how unusual and strange human beings are According to the Enneagram there are 9 personality types Each of these categories comes with its own set of positive and negative traits In this book you will learn about each of these personality categories and how each type interrelates with others It is a wonderful tool but a tool is only as good as the purposes it s used for As you discern the types of other people in your life you can use the Enneagram to navigate interactions being mindful of your own biases and tailoring communication to their goals and perspectives You can introduce the system to groups creating a common language for members to understand each other Simply put this book will answer the big question Why do you do what you do whether or not it s voluntary It unveils the underlying motives behind each of us and it will help you gain clarity on the patterns that are not serving you so you can improve upon them as well as shine a light on the positive traits that you need to be taking advantage of Take a bold step and make a difference in your life You will thank the Enneagram for your own successful personal growth Get ready to come face to face with your Enneagram Personality You don t know how to do it Then this guide is perfect for you What are you waiting for Press the buy button and begin your journey toward spirituality and discovering yourself *The Enneagram* Ariell J. Lee,2019-11-11 Uncover the ancient wisdom of the Enneagram and kick

start your journey to spiritual enlightenment psychological development and personal transformation Do you often feel like something important is missing in your life Are you often struggling with personal identity issues and are looking for a framework to help you understand yourself as well as others Do you want help figuring out who you really are and what your purpose is on earth If you answered yes to any of these questions then keep reading In this powerful guide you re going to discover how to use the ancient time tested and proven principles of the Enneagram to realize your unique gifts strengths and talents to help you overcome your obstacles and barriers and discover your life s purpose Here s a sample of what you re going to learn in The Enneagram What the Enneagram is and the intriguing history of the enneagram The Nine Enneatypes of the Enneagram and how to identify your enneatype Frequently asked questions about Enneagram answered Everything you need to know about each of the Enneatype How the Enneagram can help you conquer your workplace Proven ways to use the Enneagram to improve your personality and transform your life How to use the Enneagram to improve your relationships Step by step instructions to help you use the Enneagram if you re a parent How to get in touch with your true self using Enneagram meditation and much more Whatever your personality type or spiritual background the insights contained in this powerful guide will show you how to embrace your unique individuality eliminate self doubt boost your self awareness and esteem and live life to the fullest

Motions of the Soul Clare Loughrige, 2016-08-05 The Enneagram meets Ignatius c The iEnneagram FULL COLOR From the Intro Get ready for a transformation The Enneagram is a psycho spiritual mapping of nine personality styles The Motions of the Soul The c iEnneagram is about developing awareness of the motions of your soul Staying aware of your awareness and bringing an intentional response to that attention for your own sake and the good of others When awareness becomes intentional we let go of anxiety fear and shame and virtue flow through us This tool releases old patterns of reaction and decision making One can discover movement rather than stuckness The c iEnneagram model comes from the influence of two faithful Christ following Spirit filled guides These guides are Franciscan Monk turned Evangelist and Ramon Llull and Ignatius Loyola s Founder of the Society of Jesus Ignatius discovered motions of the soul or discernment of spirits to be crucial in living a Spirit filled life These motions are the inner experiences of emotion intellect and gut reactions both attraction and repulsion Ignatius categorized these as consolations and desolations We will explore these words and their meanings in the practice section of this guide Inspired by Raymon Lull s diagram this model recognizes three equally important Centers of Intelligence also called The Triads The HEART EQ or emotional intelligence types 2 3 4 of the HEAD IQ or thinking types 5 6 7 and of the instinct GUT GQ types 8 9 1 While all types have access to all three centers we have a preferred style When we can access our IQ EQ and GQ intelligence we will make decisions in ways that bring our very best life to others The practice of finding what God is doing in us moment by moment results in Divine alignment Kierkegaard said With God s help I shall become myself Here you have discovered a tool to become your best self through the learning and spiritual practices in Motions of the Soul the c iEnneagram

ENDORSEMENTS FOR ENNEAGRAM

PERSONALITY STYLES AND MOTIONS OF THE SOUL WORKSHOPS AND BooksClare Loughrige s Enneagram materials have been invaluable to me as a spiritual director Her knowledge of and insights into the Enneagram have helped me to understand this valuable instrument in ways I previously had not Again and again I find that when I use her materials with others paths to freedom in Christ are discovered in ways not previously seen Plus hearing Clare teach on the Enneagram makes the material come alive even more Mary Albert Darling Author Associate Professor of Communication Adjunct Masters in Spiritual Formation and Leadership Chair Spring Arbor University Clare is a very energetic and interactive speaker She has creatively combined some traditional practices of spirituality particularly Ignatian spiritual practices with the Enneagram spectrum of personality styles You will find her presentations engaging thoughtful and useful Jerome Wagner Ph D Nine Lenses on the World the Enneagram Perspective The Enneagram Spectrum of Personality Styles We are very grateful for Clare s facilitation teaching and the understanding she imparted to us at Family Tree with the Enneagram Workshop The Lord has blessed her with many talents and she is sharing them to impact others In this case not only our team but the patients we serve R Troy Carlson M D Family Tree Medical Practice I wholeHEARTedly recommend Clare Loughrige to you I have invited Clare to speak in both small group approximately 25 and larger group more than 200 and in each setting we have found her presentations to be engaging insightful and meaningful for each participant Clare knows how to keep an audience s attention using the right amount of humor and pertinent examples I believe your organization will benefit both from the Enneagram and the way Clare presents it Rev Chris Conrad District Superintendent West Michigan Wesleyan Church The Wisdom of the Enneagram Don Richard Riso,Russ Hudson,1999-06-15 Provides insight for determining personality types from recognizing each type s wake up call and red flag to letting go of self defeating habits and reactions

Unlock Your Potential Sania Mohan, UNLOCK THE POWER WITHIN AND EMBARK ON A PROFOUND JOURNEY OF SELF DISCOVERY AND SPIRITUAL AWAKENING WITH THIS TRANSFORMATIVE 2 BOOKS IN 1 BUNDLE Are you searching for a deeper understanding of yourself and others Do you long to break free from limiting patterns and unleash your full potential Are you ready to find inner peace align your energy and open your third eye Let this 2 books in 1 guide you on this transformative journey In The Enneagram delve into the fascinating world of the nine personality types and gain invaluable insights into your own strengths weaknesses and motivations Discover the Enneagram s power to illuminate your path to self discovery and authenticity enabling you to navigate relationships and life challenges with clarity and purpose With Kundalini Awakening unlock the ancient wisdom of Kundalini yoga chakra alignment and mindfulness practices Tune your energy frequency heal emotional wounds and find profound inner peace Learn the secrets of opening your third eye enhancing intuition and accessing higher states of consciousness And that s only the tip of the iceberg Here s else you ll get from this extraordinary bundle Gain self awareness and unlock your true potential through the Enneagram Align your energy frequency and open your third eye for spiritual enlightenment Find inner peace healing and mindfulness in your daily life

Break free from limiting patterns and embrace personal growth Navigate relationships with clarity empathy and understanding Cultivate a deep connection with your authentic self and experience profound transformation And so much more Imagine a life where you understand yourself on a deeper level communicate authentically and cultivate meaningful connections Picture yourself aligning your chakras awakening your inner potential and experiencing a profound sense of harmony and well being Don t hold yourself back from embarking on this life changing journey of self discovery and spiritual growth Embrace the power of The Enneagram and Kundalini Awakening to become your true self unlock your full potential and live a life of purpose and fulfillment Get your hands on this transformative 2 books in 1 bundle and embark on the path to self realization today [Awakening the Empowered Empath Through the Enneagram](#) Andy Connor,2020-04-18 WALK THE PATH OF THE SELF LIVE A BETTER LIFE Harness the ancient power of the Enneagram to rewrite your future The Enneagram is more than just a symbol of intertwined lines It s an ancient universal mark of purpose and potential a tool for discovering understanding and embracing the self Humans are hard wired to want to change Unfortunately most of us try to change the personalities we were born with We cast shade on our weaknesses and flaunt only our strengths fearfully concealing the parts we don t like from others UNLOCK THE MYSTERIES OF THE ENNEAGRAM This insightful book collection will show you HOW and WHY you need to embrace who you are You ll discover how to embrace BOTH your strengths AND weaknesses Sure you can work on your weaknesses but changing WHO YOU ARE is a recipe for disaster YOU have a DESTINY and the Enneagram will guide you on the path to finding it THIS IS MORE THAN A BOOK It s a fundamental guide with step by step instructions on how to use the Enneagram to the fullest Once you know your personality and traits fears motivations and psychological triggers you ll be empowered to cut through your weaknesses embrace your strengths and build the great life you ve always wanted Find FREEDOM and LIBERATION from self set limitations Confidently explore yourself and face your fears Discover and manifest your higher sense of self Unlock your fullest potential using a centuries old system Embrace your shadow aspects Learn proven research behind this historical system Discover the science and hard facts behind the Enneagram Start making positive changes today READY TO CHANGE YOUR LIFE Author Andy Connor makes the ancient Enneagram system easy to understand and embrace With more knowledge on who you are and why you are this way you can encourage spiritual growth strengthen relationships with important people around you and improve your quality of life overall It s time to get excited because your life is about to get so so much sweeter **Know Your Soul** Joseph Howell,2024-11-14 Joseph Howell suffered from excruciating grief over his son s illness and death in 2008 A clinical psychologist and spiritual teacher Howell s pain forced him to search his spirituality An immersion into the ancient wisdom of the Enneagram revealed a pearl of vastly more profound knowledge than personality types It was an Enneagram of nine soul types and their particular soul qualities This discovery of the Enneagram of soul beautifully reconnected Howell to aspects of his soul that he was unaware existed These soul qualities helped heal his overwhelming grief when little else could This

transformative experience led to this groundbreaking work Years in preparation this book is unique among those on spirituality and the Enneagram Besides presenting Enneagram teachings Howell tells intimate personal stories of how to recognize our soul type s unique qualities and how the dominant ego becomes transforms into a servant of our soul During the writing of this book Howell and his wife Lark lost their only other child Lauren The Enneagram of soul is a map of truth that sustains their faith and their commitment to this work even in this second great loss People searching for deeper meaning and those who have experienced significant grief of any kind will want to read this book Beginners and advanced students of the Enneagram will also benefit from it because it takes them from Enneagram basics to finer concepts of soul work

Enneagram Ariell J Lee,2020-06-13 Uncover the ancient wisdom of the Enneagram and kick start your journey to spiritual enlightenment psychological development and personal transformation Do you often feel like something important is missing in your life Are you often struggling with personal identity issues and are looking for a framework to help you understand yourself as well as others Do you want help figuring out who you really are and what your purpose is on earth If you answered yes to any of these questions then keep reading In this powerful guide you re going to discover how to use the ancient time tested and proven principles of the Enneagram to realize your unique gifts strengths and talents to help you overcome your obstacles and barriers and discover your life s purpose Here s a sample of what you re going to learn in The Enneagram What the Enneagram is and the intriguing history of the enneagram The Nine Enneatypes of the Enneagram and how to identify your enneatype Frequently asked questions about Enneagram answered Everything you need to know about each of the Enneatype How the Enneagram can help you conquer your workplace Proven ways to use the Enneagram to improve your personality and transform your life How to use the Enneagram to improve your relationships Step by step instructions to help you use the Enneagram if you re a parent How to get in touch with your true self using Enneagram meditation and much more Whatever your personality type or spiritual background the insights contained in this powerful guide will show you how to embrace your unique individuality eliminate self doubt boost your self awareness and esteem and live life to the fullest Scroll to the top of the page and click the Buy Now button to get started today Book translated from the original

Enneagram Jacob K Darren,2019-08-17 Buy the Paperback version of this book and get the Kindle version FOR FREE Do you want to know who you truly are What personality type are you and how you can take massive advantage from knowing your true identity Well then keep reading Many people underestimate the power of really knowing yourself If you ignore your true identity you will never be happy Knowing your strengths and weaknesses areas in which you are naturally better and your personality type can give you a huge advantage over the majority of people who think they know it all but in the end they are lost and usually unhappy We believe that through self discovery you will be much more successful and most importantly so much happier This is why we crafted this book This is the very thing that will accompany and guide you step by step in your journey inside your true self In this book you will learn What is an Enneagram All nine Personality Types How

you can understand what personality type you are All the features of each personality type in detail The power of knowing your true identity How to choose a career path and a partner based on your personality type How the Enneagram can really improve your life and make you genuinely happier Even if you have tried other books and you felt lost anyway even if you think you are completely confused even if you are sad and unfulfilled this book will take you by the hand and will guide you to take your life to the next level Finally remember An investment in knowledge always pays the best interest Now scroll to the top and click Buy Now *Becoming Conscious*: Joseph Benton Howell Ph.D.,2012-09-20 Did you know that you are not your personality Beneath your outer layers of self is an authentic beautiful being exactly as it came from heaven Discover this wonderful real you and draw from its miraculous power in *Becoming Conscious* Learn from clinical psychologist and spiritual teacher Dr Joseph Howell how to Find the root causes of your suffering and unhappiness Free yourself of the traps that seduce your ego Be renewed with a sense of inner knowing childlike joy and wonder Stop being driven by what others expect of you Increase your tolerance and understanding of friends spouse children and co workers Relate to others on deep meaningful levels Grow in consciousness of your specific divine purpose and your connection to the planet Understand your repeated self defeating patterns and learn clear ways to stop them Become consciously present Reach your full potential as Dr Howell explains the powerful and deeply spiritual Enneagram and relates it to your life Whatever your beliefs may be *Becoming Conscious* is a life changing journey

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Discover Your Soul Potential Using The Enneagram To Awaken Spiritual Vitality Introduction

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