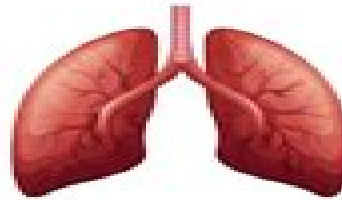


Critical Care Cheat Sheet

Modes of Ventilation

Mode	Components	Description
CMV Synchronized intermittent mandatory ventilation (SIMV)	Respirator set to deliver a controlled tidal volume (tidal volume) and set respiratory rate. Respirator delivers a fixed tidal volume at a fixed respiratory rate.	All gases in the patient are controlled until the next breath. In SIMV, the patient can breathe spontaneously between the set breaths.
CMV + PEEP Synchronized intermittent mandatory ventilation with positive end-expiratory pressure (SIMV-PEEP)	Respirator set to deliver a controlled tidal volume (tidal volume) and set respiratory rate. Respirator delivers a fixed tidal volume at a fixed respiratory rate.	The patient can breathe spontaneously between the set breaths. The PEEP is set to maintain the alveoli open at the end of expiration.
AC / SIMV Assisted Controlled / Synchronized Intermittent Mandatory Ventilation	Respirator set to deliver a controlled tidal volume (tidal volume) and set respiratory rate. Respirator delivers a fixed tidal volume at a fixed respiratory rate.	The patient can breathe spontaneously between the set breaths. The PEEP is set to maintain the alveoli open at the end of expiration.
AP / SIMV Assisted Pressure Controlled / Synchronized Intermittent Mandatory Ventilation	Respirator set to deliver a controlled tidal volume (tidal volume) and set respiratory rate. Respirator delivers a fixed tidal volume at a fixed respiratory rate.	The patient can breathe spontaneously between the set breaths. The PEEP is set to maintain the alveoli open at the end of expiration.

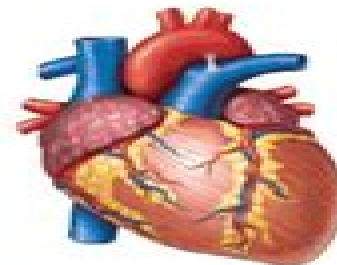


Arterial Blood Gases

ABGs	pH	PaO2	PaCO2	Common Causes
Normal	7.35-7.45	8.4-10.0	35-45	
Respiratory Acidosis	↓	↑	↑	Respiratory depression, CNS depression, COPD, asthma, hypoventilation, drug overdose, airway obstruction, chest wall deformities, neuromuscular weakness.
Respiratory Alkalosis	↑	↑	↓	Hyperventilation, anxiety, pain, fever, hypoxia, central nervous system stimulation.
Metabolic Acidosis	↓	↓	↓	Diabetes mellitus, lactic acidosis, renal failure, ketoacidosis, toxin ingestion.
Metabolic Alkalosis	↑	↓	↓	Excessive vomiting, diuretic use, excessive bicarbonate administration.

Vasopressors

Pressor	Receptors	Main Effect	Main Side Effect
Norepinephrine	α1, α2, β1, β2	Vasoconstriction, increasing cardiac output	Cardiac arrest, arrhythmias, hypotension
Epinephrine	α1, α2, β1, β2	Vasoconstriction, increasing cardiac output	Cardiac arrest, arrhythmias, hypotension
Phenylephrine	α1	Vasoconstriction	Hypertension
Metoprolol	β1	Vasodilation	Hypotension
Dobutamine	β1	Vasodilation	Hypotension
Dopamine	β1, β2	Vasodilation	Cardiac arrest, hypotension



Receptor Man

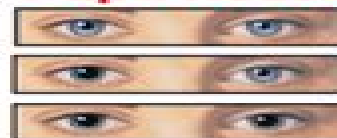


Adrenomedullary: High affinity for β1, β2 and α1 effects, and more pronounced with a small dose.
Adrenocortical: High affinity for β1, β2 and α1 effects, and more pronounced with a small dose.
Adrenomedullary: High affinity for β1, β2 and α1 effects, and more pronounced with a small dose.
Adrenocortical: High affinity for β1, β2 and α1 effects, and more pronounced with a small dose.

GCS

GLASGOW COMA SCALE	
EYES	Open spontaneously 4 To speech 3 To pain 2 None 1
VERBAL	Oriented 5 Confused 4 Disoriented 3 Incomprehensible 2 None 1
MOTOR	Obeys commands 6 Localizes pain 5 Withdraws from pain 4 Flexion/extension 3 None 1

Pupil Reaction



Haematology

Normal Values

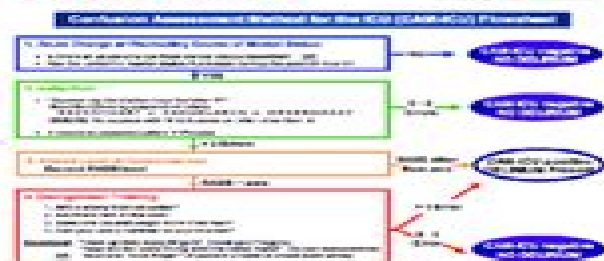
Test	Units	Normal Range
WBC	10 ⁹ /L	4.0-11.0
Neutrophils	%	40-75
Lymphocytes	%	20-40
Monocytes	%	2-10
Eosinophils	%	1-5
Basophils	%	0.5-1

Test	Units	Normal Range
Haemoglobin	g/dL	12-16
Haematocrit	%	37-47
Mean Corpuscular Volume (MCV)	fL	84-101
Red Cell Distribution Width (RDW)	%	11.6-14.0
Platelets	10 ⁹ /L	150-400
Prothrombin Time (PT)	sec	11-14
Partial Thromboplastin Time (APTT)	sec	28-35
Fibrinogen	g/L	2-4
D-Dimer	µg/mL	<0.5
Urea	mmol/L	2.5-7.5
Creatinine	mmol/L	0.6-1.2
Bilirubin	mmol/L	0.2-1.2
Albumin	g/L	35-50
Calcium	mmol/L	2.0-2.6
Magnesium	mmol/L	0.7-1.0
Phosphate	mmol/L	0.7-1.3

Richmond Agitation Sedation Scale

RASS score		CAM-ICU
Score	Description	
+4	Comatose	Severe sedation
+3	Very agitated	Severe sedation
+2	Agitated	Severe sedation
+1	Restless	Severe sedation
0	Alert & calm	Severe sedation
-1	Drowsy	Severe sedation
-2	Light sedation	Severe sedation
-3	Moderate sedation	Severe sedation
-4	Deep sedation	Severe sedation
-5	Unconscious	Severe sedation

CAM - ICU



Critical Care Assessment

Sharon L. Roberts

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

Critical Care Assessment:

Pocket Guide to Critical Care Assessment Laura Talbot, Mary Meyers-Marquardt, 1989 Using a body systems approach the authors present a quick reference guide to assessing the condition of critically ill patients It covers general information on history taking and assessment techniques then proceeds through obtaining a comprehensive nursing history performing a physical examination and more

Critical Care Assessment by Midwives Maureen Boyle, Judy Bothamley, 2018-06-27 Over the last ten years pregnancy has not only become more complicated for many women but the traditional provision of general intensive care units has been reduced To bridge this gap critical care units usually staffed by midwives have been set up in many maternity units This textbook is an accessible and comprehensive introduction to this emerging area of practice Critical Care Assessment by Midwives also notably sets out a template for assessment of women that will enable early identification of deteriorating health Serious illness can arise subsequent to an emergency a pre existing illness or a complication of pregnancy but can also occur in the context of what appears to be a low risk pregnancy For this reason all midwives need to be skilled in assessment that facilitates timely appropriate referrals and saves lives It covers ABCDE assessment tailored for midwives assessment of cardiac conditions assessment of respiratory conditions assessment of neurological conditions pre eclampsia haemorrhage shock including hypovolaemia sepsis and anaphylaxis haemodynamic monitoring fluid replacement and balance ketoacidosis hypoglycaemia and sickle cell crisis Covering the context of care relevant pathophysiology signs and symptoms specific assessment in detail relevant drugs assessment of the fetus summaries of management psychosocial support and the specific professional responsibilities of the midwife this is an essential guide for all midwives and midwifery students

ACCCN's Critical Care Nursing Doug Elliott, Leanne Aitken, Wendy Chaboyer, Andrea Marshall, 2007 Developed in conjunction with the Australian College of Critical Care Nurses ACCCN the text has been written and edited by the most senior and experienced critical care nursing clinicians and academics across the region ACCCN's Critical Care Nursing is a resource that will foster the development of skilled and confident critical care nurses This comprehensive text provides detailed coverage of a number of specialty areas within critical care nursing including intensive care emergency nursing cardiac nursing neuroscience nursing and acute care It will encourage students to be reflective practitioners ethical decision makers and providers of evidence based care Written by expert clinicians academics and educators Pedagogically rich chapters with learning objectives key terms case studies practice tips article abstracts learning activities research vignettes Heavily illustrated and referenced Reflects current clinical practice policies procedures and guidelines The text has a patient centred approach and will provide students with a sound knowledge base and critical thinking skills Image bank of all illustrations from the text will be available to lecturers for teaching

Fast Facts for the Critical Care Nurse, Second Edition Dina Hewett, 2019-11-15 This newly updated quick access guide for critical care nurses covers the most common admitting diagnoses and reviews their causes signs and symptoms and

interventions Critical care nursing requires astute assessment adept communication and the ability to multitask as well as a high degree of adaptability In the ICU patient status and plan of care change constantly presenting multifaceted problems for nurses and healthcare providers This authoritative resource with bulleted bite sized content provides information to the busy ICU nurse in a heartbeat Fast Facts for the Critical Care Nurse Second Edition has been updated with the most current evidence based guidelines and standards Now organized by body system this reference presents the latest treatment modalities and provides quick access to lab values and hemodynamic parameters Part I introduces the foundations of critical care Part II progresses by body system to cover common procedures and interventions Part III covers patient and family centered care discussing palliative directives and organ donation New to the Second Edition Seven completely new chapters Chapter reorganization by body system Updated to include newest treatment modalities Speedy access to appendices with common lab values hemodynamic parameters IV medications and EKG rhythm examples Key Features Provides quick access to essential information needed on a daily basis Includes Fast Facts boxes to help guide the reader Authored by a respected nurse leader educator and AACN Wharton Executive Leadership Fellow *Critical Care Nursing* Sharon L. Roberts,1996 This handbook provides critical care nurses with the diagnoses necessary to manage specific health problems surgical correction and supportive procedures The nurse can directly focus on a particular medical surgical and or nursing management problem in each section Tables of laboratory test invasive and non invasive diagnostic procedures and medications are included at the end of each chapter **Pocket Guide to Critical Care Assessment** Laura Talbot,Mary Meyers-Marquardt,1993 A quick reference to vital information needed in the critical care setting organized by body system this book presents major components of physical assessment including precipitating factors patient history physical examination and diagnostic procedures Special considerations for the older adult are provided reflecting the needs of the aging population *Nursing in Critical Care Setting* Irene Comisso,Alberto Lucchini,Stefano Bambi,Gian Domenico Giusti,Matteo Manici,2018-06-06 This book provides essential insights into how the approach to nursing care in ICU patients has markedly changed over recent years It shows how the focus has progressively moved away from the technical approach that characterized early ICUs to a wider personalization of patient care that also highlights general problems such as basic hygiene and general comfort It also demonstrates that at the same time the nurses role has become more professionalized with increasing competences in assessing and managing patients problems and measuring related outcomes It is structured in four units Unit 1 presents the essential elements of accurate vital function and basic needs assessments for ICU patients using both instrumental monitoring and specially validated assessment tools Unit 2 addresses basic care in ICU patients particularly hygiene and mobilization reflecting recent developments in nursing that focus on the importance of these activities Unit 3 highlights the main nursing outcomes in ICU patients particularly focusing on risk prevention and complication management Lastly Unit 4 discusses advances in ICU nursing from clinical organizational and research

perspectives **Patient Assessment in Clinical Pharmacy** Sherif Hanafy Mahmoud,2019-03-28 This comprehensive first of its kind title is an indispensable resource for pharmacists looking to learn or improve crucial patient assessment skills relevant to all pharmacy practice settings Pharmacists role as health care practitioners is evolving as they are taking a more active part in primary patient care helping patients manage their medications and diseases providing patient education and in some jurisdictions prescribing and adapting medications To perform their day to day duties pharmacists are best served using a framework called the patient care process This framework involves three steps patient assessment care plan development and implementation and monitoring and follow up Organized in four parts this practical book begins with introductory chapters regarding the basics of patient assessment and the patient care process Part II includes a detailed assessment of common symptoms encountered by pharmacists Part III discusses assessment of patients with various chronic illnesses Part IV addresses select specialized topics and assessment considerations An invaluable contribution to the literature Patient Assessment in Clinical Pharmacy A Comprehensive Guide will be of great benefit to pharmacists regardless of their practice setting and to pharmacy students as well Critical Care Nursing Kathy J. Booker,2014-12-11 Providing an easy to use reference Critical Care Nursing outlines best practice for the assessment monitoring and treatment of critically ill adult patients Each chapter includes research and evidence based strategies for treating commonly seen conditions Initial chapters introduce ICU set up and operation the rapid response team vitals measurement and shock management strategies Subsequent chapters structured by organ system focus on care relating to specific organ function and dysfunction including the respiratory cardiovascular neurologic renal and gastrointestinal systems Key information on monitoring for overdoses special considerations in traumatic injury and end of life concerns is also included Critical Care Nursing is a comprehensive and informative resource for experienced staff nurses and advanced practice nurses working with critically ill patients on ICUs PCUs transitional care units and within emergency care departments *Critical Care Nursing* Leanne Aitken,Andrea Marshall,Wendy Chaboyer,2019-06-22 Endorsed by the Australian College of Critical Care Nurses ACCCN ACCCN is the peak professional organisation representing critical care nurses in Australia Written by leading critical care nursing clinicians Leanne Aitken Andrea Marshall and Wendy Chaboyer the 4th edition of Critical Care Nursing continues to encourage and challenge critical care nurses and students to develop world class practice and ensure the delivery of the highest quality care The text addresses all aspects of critical care nursing and is divided into three sections scope of practice core components and specialty practice providing the most recent research data procedures and guidelines from expert local and international critical care nursing academics and clinicians Alongside its strong focus on critical care nursing practice within Australia and New Zealand the 4th edition brings a stronger emphasis on international practice and expertise to ensure students and clinicians have access to the most contemporary practice insights from around the world Increased emphasis on practice tips to help nurses care for patients within critical care Updated case studies research vignettes and

learning activities to support further learning Highlights the role of the critical care nurse within a multidisciplinary environment and how they work together Increased global considerations relevant to international context of critical care nursing alongside its key focus within the ANZ context Aligned to update NMBA RN Standards for Practice and NSQHS Standards

Critical Care Study Guide Gerard J. Criner, Rodger E. Barnette, Gilbert E. D'Alonzo, 2010-06-27 Critical care medicine is a dynamic and exciting arena where complex pathophysiologic states require extensive knowledge and up to date clinical information An extensive knowledge of basic pathophysiology as well as awareness of the appropriate diagnostic tests and treatments that are used to optimize care in the critically ill is essential Since our first edition 7 years ago new information crucial to the care and understanding of the critically ill patient has rapidly accumulated Because this knowledge base crosses many different disciplines a comprehensive multidisciplinary approach presenting the information is essential similar to the multidisciplinary approach that is used to care for the critically ill patient We have strived to provide this content in an easily digestible format that uses a variety of teaching tools to facilitate understanding of the presented concepts and to enhance information retention To meet the demand to provide comprehensive and diverse education in order to understand the pathogenesis and optimum care of a variety of critical illnesses we have substantially revised the prior topics in the first edition with updated information We have also markedly expanded the number of topics covered to include acute lung injury and the acute respiratory distress syndrome an expanded discussion of the physiology and operation of mechanical ventilation obstetrical care in the ICU neurosurgical emergencies acute coronary syndromes cardiac arrhythmias role of whole body rehabilitation in the ICU ethical conduct of human research in the ICU and nursing care of the ICU patient

Rapid Assessment of the Acutely Ill Patient Sheila Adam, Mandy Odell, Jo Welch, 2010-01-11 Rapid Assessment of the Acutely Ill Patient sets out the principles and practices needed for early recognition and assessment of patients either at risk of or showing signs of acute deterioration or those recently relocated from higher levels of care The focus is on patient assessment interpretation and evaluation of data immediate management of significant problems ongoing and further assessments in order to improve clinical outcomes Rapid Assessment of the Acutely Ill Patient provides a framework for a systematic initial patient assessment and explores principles of effective assessment Body systems are considered in order of life threatening priority following the ABCDE approach dealing with the assessment and management of airway breathing circulation disability and everything else covering topics such as visual palpatory and auscultatory assessment use of additional documented information charts notes etc and interpreting diagnostic investigations Methods to ensure effective communication and team working are also discussed Key features Part of the Essential Clinical Skills for Nurses series Aimed at nurses working in wards and specialist departments Explores the assessment skills required for a rapid response to a patient at risk of becoming acutely unwell Enables students and practitioners to develop practical and interpretative skills Provides a framework for assessment and principles of first line treatment Includes Look Listen Feel and Measure icons

Fundamentals of Critical Care Ian Peate, Barry Hill, 2022-10-10 Fundamentals of Critical Care A Textbook for Nursing and Healthcare Students In Fundamentals of Critical Care a team of clinicians and health educators deliver an accessible timely and evidence based introduction to the role of nurses and healthcare practitioners in critical care The book explores fundamental concepts in critical care and their implications for practice Each chapter outlines essential knowledge necessary to understand key concepts and includes high quality full colour artwork to enhance learning and recall Readers are also provided with clinical scenarios practice questions and red and orange flags to indicate physiological and psychological alerts respectively Covering a range of common and specialised disease processes and treatments requiring critical care the book provides A thorough introduction to the critical care unit including philosophies of care ways of working humanisation and outreach Comprehensive exploration of organisational influences including political local national and international influences Practical discussion of legal ethical and professional issues as well as evidence based approaches to critical care In depth examination of nursing care assessment tools nursing communication cognition pharmacology and more Perfect for nursing students and trainee nursing associates Fundamentals of Critical Care A Textbook for Nursing and Healthcare Students will also earn a place in the libraries of healthcare students in physiotherapy paramedicine medicine and those returning to practice All content reviewed by students for students If you would like to be one of our student reviewers go to www.reviewnursingbooks.com to find out more To receive automatic updates on Wiley books and journals join our email list Sign up today at www.wiley.com email

Core Curriculum for Critical Care Nursing JoAnn Alspach, 1991 New edition which contains everything required by critical care nurses for practice and certification Includes all the content on the CCRN examination blueprint Also useful as a clinical reference providing quick access to essential information needed for care of critically ill clients

Nutritional Assessment in Critical Care Donald Charles Zavala, 1989 Abstract A systematic approach to nutritional assessment of critically ill patients where it is necessary not to overfeed or underfeed The work is suitable for a variety of audiences and includes definition of terms anthropometric measurements laboratory tests indirect calorimetry methodology data interpretation nutritional prescription guidelines and detailed case studies on feeding malnourished and stressed patients

Covid-19: A Critical Care Textbook - E-Book Chris Carter, Joy Notter, 2021-08-11 With the major redeployment of staff during the Covid 19 pandemic this authoritative textbook provides a practical resource for healthcare professionals who may be new to acute and critical care settings Written by nurses for nurses the book will help readers master patient assessment non invasive ventilation the use of high flow nasal oxygenation and renal care You will learn about the challenges of resuscitation leadership and responding to a public health emergency and effective personal protection and hygiene practices Covid 19 Critical Care textbook has been written by experts with frontline experience of working in hospitals during the pandemic and will remain relevant for those responding to future infectious disease outbreaks or waves of Covid 19 Self assessment quizzes to support ongoing learning Suitable for staff re deployed and those already working in

acute and critical care areas Fully illustrated to demonstrate the use of PPE and coronavirus specific procedures Contributions from key experts who have dealt directly with the disease provide practical insights *AACN Essentials of Critical Care Nursing, Fifth Edition* Sarah A. Delgado, 2023-10-13 A Doody's Core Title for 2024 The standard bearer of critical care nursing guides this succinct comprehensive resource delivers the most current concepts for treating adult critically ill patients and their families This engaging evidence based guide provides everything nurses and students need to know to provide safe effective critical care Endorsed by the American Association of Critical Care Nurses AACN and written by top experts in the field this peer reviewed guide covers all the essential details on the care of adult critical care patients and their families Supported by helpful tables and algorithms the book's practical building block organization starts with the basics before proceeding to more complex concepts Whether you're going through orientation on the hospital floor or you're enrolled in critical care courses AACN Essentials of Critical Care Nursing helps you care for every critical care patient AACN Essentials of Critical Care Nursing Fifth Edition is organized into four sections The Essentials presents core information for providing safe competent nursing care to all critically ill patients regardless of their underlying medical diagnoses Pathologic Conditions covers conditions and management strategies commonly encountered among adult critical care patients Advanced Concepts in Caring for the Critically Ill Patient describes specific pathologic conditions that require specialized critical care management Key Reference Information features normal laboratory and diagnostic values cardiac rhythms and their treatment and crisis standards of care *Lange Critical Care* John M. Oropello, Vlad Kvetan, Stephen M. Pastores, 2016-11-22 A practical concise and up to date reference for the ICU A Doody's Core Title for 2019 LANGE Critical Care delivers concise evidenced based and highly clinical coverage of the surgical and medical aspects of critical care The book provides basic fundamentals applications and insights that will be of lasting value to all ICU physicians nurses advanced care providers and allied personnel who care for the critically ill and injured patients in all ICUs Noteworthy features include a well illustrated Clinical Care Procedures section high yield summaries of the full spectrum of essential critical care topics and the inclusion of Controversies chapters throughout each section addressing some of the ambiguous aspects of critical care This timely book also covers the growing scope of critical care provided outside the ICU and the increasing importance of critical care services within the hospital structure In keeping with the multi professional nature of critical care delivery several chapters are authored or coauthored by critical care fellows ICU nurses physician assistants nurse practitioners and pharmacists FEATURES Includes both the surgical and medical aspects of critical care making it valuable to the intensivist working in the medical surgical or neurological ICU Utilizes numerous visual elements such as figures tables and algorithms Appendix contains valuable reference material and formulas including a chapter on bedside statistics Excellent primer for internal medicine and anesthesiology ICU rotations and great for board examination review **AACN Essentials of Progressive Care Nursing, Second Edition** Marianne Chulay, Suzanne M. Burns, 2010-08-23 The authoritative evidence based coverage

you need to safely and competently care for adult critically ill patients and their families or prepare for the critical care nursing certification exam Endorsed by the American Association of Critical Care Nurses and written by top clinical experts in acute care nursing this textbook thoroughly covers all the need to know details on the care of adult critically ill patients and their families Supported by helpful tables and algorithms the book s practical building block organization starts with the basics before proceeding to more complex concepts paralleling the blueprint for the critical care nursing CCRN certification examination AACN Essentials of Critical Care Nursing is divided into four logical sections which taken as a whole will give you complete understanding of this challenging area of nursing practice The Essentials provides fundamental information that new clinicians must understand to provide safe competent nursing care to all critically ill patients regardless of their underlying medical diagnosis Pathological Conditions covers pathologic conditions and management strategies commonly encountered in all adult critical care units Advanced Concepts in Caring for the Critically Ill Patient presents advanced critical care concepts or pathologic conditions that are less common or more specialized than those generally found in adult critical care units Key Reference Information includes reference information that you will find helpful in a clinical environment such as normal laboratory and diagnostic values algorithms for advanced cardiac life support and summary tables of critical care drugs and cardiac rhythms Each chapter begins with Knowledge Competencies that can be used to gauge your progress This edition is compatible with ECCO Essentials of Critical Care Orientation the online program offered by the American Association of Critical Care Nurses

Critical Care Skills Kemba Dianne DeGroot, Marilyn B. Damato, 1987

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