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Simple Short Form Content Ideas Ideas For Beginners

JL Elias



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INTRODUCTION There comes a time when the elastic snaps When you push yourself to breaking point and everything crashes down My breaking point came on a gloomy Monday morning commute in 2015 Sitting in my car waiting for the lights to change I looked at two guys in their cars on either side of me They looked as miserable as I felt At that moment I burst into tears What the fuck was I doing with my life I was unhappy in my personal life and hated my job I couldn't see a way out I was too invested in my career too old to start again Looking back I didn't know jack shit about building a fitness business Corporate marketing is one thing Doing everything from scratch alone in a different industry is another I didn't have a creative agency or a multimillion pound budget All I had was a Personal Trainer certificate and the ironparadisefitness.com domain name Nevertheless I started building my online empire Or as I now refer to it pissing in the wind for two years I would write lousy articles post selfies and wonder why clients weren't beating down my virtual door Desperate to carve a way out of corporate life I vowed not to quit My business was my obsession Going out meeting friends and taking a break were a rarity I thought it was the only way to be successful I became a hermit A recluse Like the creepy guy kids fear in horror movies That's Old Man Mitchell from No 29 He never leaves the house Some say he only goes outside to dispose of the dead bodies I wasn't that bad but my social life went on ice I studied nutrition and learned the intricacies of exercise mechanics I read books and invested in courses on social media copywriting and web design Iron Paradise Fitness had consumed my entire life and I loved it It was the fire in my belly I'd been missing The passion I needed Although it did make for awkward conversations on Tinder dates What do you like to do in your spare time The innocent question would come Well I'm building my own business right now so that's my main focus Ah cool But what do you like to do for fun Work on my business Yeah but what about when you're not doing that I'm either working on my business thinking about working on my business or eating Oh Beginning Functional Basic Reading ,1968 Ultimate Guide to Social Media Marketing Eric Butow,Stephanie Garcia,Roberto Blake,Amanda Robinson,2026-02-17 Social media is always changing but your goals aren't You need reach visibility and real results Ultimate Guide to Social Media Marketing Second Edition gives you a clear actionable plan to grow your brand across today's major platforms Written by top marketing experts Eric Butow Stephanie Garcia Amanda Robinson and Roberto Blake this practical guide covers Facebook Instagram LinkedIn TikTok YouTube and more You'll learn how to craft a strategy that fits your business create high impact content use video effectively and track what's working It also includes the latest on paid ads influencer marketing and AI tools that streamline your workflow without sounding robotic Perfect for solopreneurs marketing teams or anyone tired of random posting and poor engagement Key topics include social media marketing Facebook ads influencer marketing AI tools LinkedIn tactics video content content strategy YouTube for business small business growth marketing for beginners If you're serious about results not just reach this is your guide Journal of Educational Method ,1932 **The Public School Journal** ,1891 *Building* ,1888

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