

"The most comprehensive book I know of about the community movement"

M. SCOTT PECK, M.D.



# Creating Community Anywhere

**FINDING SUPPORT AND CONNECTION  
IN A FRAGMENTED WORLD**

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Carolyn R. Shaffer & Kristin Anundsen

**FOREWORD BY M. SCOTT PECK, M.D.**

# Creating Community Anywhere

**Dan Chiras, Dave Wann**



## **Creating Community Anywhere:**

**Creating community anywhere** Carolyn Shaffer, Kristin Anundsen, 1993-09-01 Describes the community movement discusses new ways of living together and offers practical advice on improving one's own community **Creating**

**Community Anywhere** Carolyn Shaffer, 2005-06 This text provides groups with guidelines for creating effective communication conducting productive meetings making joint decisions and working through conflicts as well as the practical skills needed to set up activities such as celebrations and retreats **Creating Community Anywhere**, 1993 **Creating**

**Community Anywhere** Carolyn Shaffer, Kristin Anundsen, 1993 Describes the community movement discusses new ways of living together and offers practical advice on improving one's own community Making a Living While Making a Difference Melissa Everett, 2007-11-01 Making a Living While Making a Difference is a timely and highly informative guide to a working life built on principled choices and an entrepreneurial attitude It's about greener enterprises and technologies socially responsible business innovative nonprofit work and reinventing government It's really about putting the pieces together with creativity and hope Working people everywhere are realizing that personal success is interconnected with healthy communities and the environment We are all looking for our unique creative edge with work that allows us to make an impact close to home and in the world The substantially revised third edition of Making a Living While Making a Difference acknowledges that while the path to finding a life's work that is satisfying sustainable and financially feasible is not easy there are simple steps to follow An empowering ten step program includes Paying attention to what you most care about Stabilizing your life with regard to time money and relationships Assessing your core aptitudes and attitudes Cultivating the entrepreneurial skills to create the workplace you want whether or not you are in business for yourself With dozens of rich personal stories and a thorough look at the options this is the comprehensive life and work guide for people who care about their communities and the planet Melissa Everett is a career counselor group facilitator and educator in the field of sustainable development and is the executive director of Sustainable Hudson Valley Community Building Leonard Jason, 1997-07-23 This work is a description of vulnerabilities that help account for many of the serious problems facing contemporary society in industrialized countries including high rates of crime homelessness alcohol tobacco and other drug addictions and a breakdown of the psychological sense of community Historical philosophical and epistemological issues are also explored in this book as a foundation for understanding what appears to have gone wrong Several solutions are suggested borrowing heavily from the fields of education religion and mythology Several wisdom traditions are presented as illustrations of alternative conceptualizations for defining mental health along with discussion of the implications of borrowing from these models to set new directions for the helping fields The final chapters provide examples from communities of healing to successful community based interventions of how these elements promote human well being and social improvement today *The Alchemy of Illness* Kat Duff, 1993 Illness is a universal experience There is no privilege that

can make us immune to its touch We are taught to assume health illnesses being just temporary breakdowns in the well oiled machinery of the body But illness has its own geography its own laws and commandments At a time when the attention of the whole nation is focused on health care Kat Duff inquires into the nature and function of illness itself Duff a counselor in private practice in Taos New Mexico wrote this book out of her experience with chronic fatigue syndrome but what she has to say is applicable to every illness and every one of us For those who are sick this book offers solace and recognition For those who care for them either physically or emotionally it offers inspiration and compassion Finally this fresh perspective on healing reveals how every illness is a crucible that tries our mettle tests our limits and provides us with an unparalleled opportunity to integrate its lessons into our lives      *Community Organizing and Community Building for Health* Meredith Minkler,1997 An important contribution to expanding the community organizing knowledge and skills base of students and practitioners in public health health education social work and related disciplines Dr Nicholas Freudenberg Professor of Community Health Education Hunter College CUNY      *Superbia!* Dan Chiras,Dave Wann,2009-03-01 The only book that shows how to transform existing suburbs to create environment and people friendly neighborhoods      *On Creating a Community* William Polowniak,1994 Humiliated That s how Anastasia Krupnik feels whenever she tries to climb the ropes in gym class How come everyone else can climb up those hateful ropes Since Anastasia has decided to become a journalist it should be easy to answer most questions Then why can t she understand about Daphne Bellingham s parents divorce And why can t she please Ms Willoughby in gym class Finally Anastasia thinks she has the answers When a team of foreign educators comes to visit her school she plans a big surprise that will amaze her classmates Ms Willoughby and the visitors What will she do when her big moment arrives      *The WomanSource Catalog & Review* Ilene Rosoff,1995      *Rebuilding Community in America* Ken E. Norwood,Kathleen Smith,Kathleen Frances Smith,1995      *Yoga Journal* ,1993-11 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty      *Resiliency in Action* Nan Henderson,Bonnie Benard,Nancy Sharp-Light,2007 How to build bounce back kids families schools and communities is the theme of *Resiliency In Action* Practical Ideas for Overcoming Risks and Building Strengths in Youth Families and Communities It is edited by internationally recognized resiliency expert trainer and consultant Nan Henderson M S W whose publications are used in more than 25 countries The book is a research based practical guide for educators counselors parents community organizers and mentors and is filled with the latest strategies for helping children families schools and communities bounce back from risk stress trauma and adversity More than two dozen experts in the fields of child family organizational and community resiliency contributed to the book which challenges a widely accepted myth about people especially young people who experience risks stress trauma

and adversity in their lives according to Henderson Contrary to popular opinion the majority of these individuals over time do bounce back and do well There is a growing body of scientific research from several fields that documents this fact and yields important information as to what can be done every day to facilitate this process of overcoming This book is really three books in one it contains the most recent research hands on and practical strategies and stories of resilient individuals and best practices The book includes 60 chapters grouped in seven sections The Foundations of Resiliency Resiliency and Schools Resiliency and Communities Resiliency Connections Mentoring Support and Counseling Resiliency and Youth Development Resiliency and Families and Resiliency and the Brain      **Creating Connections** Joan Laurion,Cherie Schmiedicke,2005 Practical and easy to use Creating Connections presents step by step methods for helping family child care providers organize and conduct effective support groups Six chapters offer providers specific skills and techniques for making the most of group meetings including shared leadership community building and peer mentoring Joan Laurion works at the University of Wisconsin Cooperative Extension in Dane County Cherie Schmiedicke is a preschool teacher in Madison Wisconsin Both live in Madison Wisconsin      The Philosopher's Stone ,1991      *Training* ,1996      **Yoga Journal** ,1993-11 For more than 30 years Yoga Journal has been helping readers achieve the balance and well being they seek in their everyday lives With every issue Yoga Journal strives to inform and empower readers to make lifestyle choices that are healthy for their bodies and minds We are dedicated to providing in depth thoughtful editorial on topics such as yoga food nutrition fitness wellness travel and fashion and beauty      **Community Gardens and Urban Space** Alexandra Jane Ashton,2003      Building Learning Communities in Cyberspace Rena M. Palloff,Keith Pratt,1999-03-17 Written for faculty instructors and trainers in any distance learning environment Building Learning Communities in Cyberspace shows how to create a virtual classroom environment that helps students excel academically while fostering a sense of community This practical hands on guide is filled with illustrative case studies vignettes and examples from a wide variety of successful online courses

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