ASTRAL PROJECTION



Proven Techniques and Methods for Learning to Travel Astral Plain Discover Unknown Worlds and Explore New Dimensions, Free Your Physical and Mental Limits

Discover Astral Projection

Willa Mason

Discover Astral Projection:

Discover Astral Projection J. H. Brennan, 1991-11-01 **Astral Projection** Samuel Shepherd, 101-01-01 Unlock the Secrets of Out of Body Travel Higher Consciousness Have you ever wanted to leave your body explore the universe and experience the limitless nature of your consciousness What if you could visit other dimensions meet spirit guides and access divine wisdom all from the comfort of your own home Astral projection is real and you can learn how to do it Introducing the Ultimate Astral Projection Series This 4 book series is a complete guide to mastering the art science and spiritual power of out of body travel Whether you re a beginner looking for your first projection or an advanced seeker ready to explore higher dimensions this series will take you step by step through the incredible world of astral travel What You ll Learn Inside This 4 Book Collection Book 1 The Beginner's Guide to Astral Travel Unlocking Your First Out of Body Experience Learn proven techniques to achieve astral projection no prior experience needed Master deep relaxation and separation methods to leave your physical body with ease Overcome fear doubt and mental blocks preventing successful projection Book 2 The Science and Spirituality of Astral Projection Exploring the Boundary Between Worlds Discover how science and quantum physics support the existence of out of body experiences Explore ancient teachings on astral travel and consciousness expansion Understand brainwave states and how they impact projection success Book 3 Astral Combat Psychic Defense Navigating the Dangers of the Astral Plane Protect yourself from negative entities energy parasites and thought forms Master psychic shielding energy defense and vibrational control to ensure safe travels Develop strength and awareness to maintain sovereignty in the non physical realms Book 4 Sacred Journeys Beyond the Veil Meeting Spirit Guides and Unlocking Past Lives Connect with spirit guides ancestors and ascended beings for wisdom and guidance Access the Akashic Records to reveal your past lives and karmic lessons Experience deep spiritual healing and soul level transformation through astral travel Why This Series is a Must Read Step by Step Guidance No vague theories Each book provides clear instructions and actionable techniques you can practice today Science Meets Spirituality Learn how modern research and ancient wisdom align to unlock the mysteries of astral projection Practical Safe Understand the dangers of the astral plane and how to protect yourself while exploring other dimensions Advanced Techniques Go beyond basic projection and explore past lives higher realms and spiritual awakening Life Changing Benefits Strengthen intuition dissolve fear expand consciousness and uncover your true purpose What Readers Are Saying This book series changed my life I went from struggling with projection to confidently exploring other realms Emily W Finally a book that combines real techniques with deep spiritual wisdom Highly recommend Jason M A must read for anyone serious about astral travel The psychic defense techniques alone are priceless Sofia L Are You Ready to Leave Your Body and Explore the Unknown Don t wait any longer to unlock the incredible power of astral projection Whether you re seeking personal transformation spiritual awakening or cosmic adventure this series will guide you step by step into the limitless realms beyond the physical world Get Your Copy Now and Begin Your

Journey Beyond the Veil Astral Projection Peter Longley, 2015-05-03 Astral Projection 2nd Edition Grab this GREAT physical book now at a limited time discounted price This is the new 2nd edition of this book recently updated with new sections and chapters You re about to discover how to experience astral travel for yourself This book will explain to you exactly what astral projection is the theories and history behind it and most importantly how you can experience this phenomenon for yourself Astral travel involves getting in a somewhat meditative state and venturing out of your physical body and into the astral plane While this may seem like a strange concept at first there are thousands who have experienced this all around the world Astral projection has been talked about in different cultures for hundreds of years With the steps provided in this book most people are able to experience the amazing occurrence of astral projection for themselves within one month of practice So begin learning today and in no time you ll be confidently able to engage in astral projection Here Is What You ll Learn About What is Astral Projection History of Astral Projection How to Have an Out of Body Experience Astral Projection and Dreams How to Cause Astral Travel Frequently Asked Questions Much Much More Order your copy of this fantastic book today Astral Projection: A Path to Inner Peace and Self-discovery (Proven Techniques and Methods for Learning to Travel Astral Plain) Jeremiah Amos, Astral Projection Beginner's Guide offers an exclusive look inside the realm of the spiritual world which is largely unknown to many individuals in today s society. The techniques explained in this book are very clear and doable requiring no specialized knowledge and no mystic powers They are techniques that you will find at face value too ordinary to believe Yet once you get to practice them you will clear any doubts you ever had about ordinary people doing extraordinary things You will be a living testimony that all you need is basic but important knowledge to do what a mystic can do in terms of astral projection In the guide you will Learn about my special technique that has resulted in out of body experiences Lots of references and links to outside teachers and resources Learn about the Vibration State and why it s so important to inducing an out of body experience Learn about Sleep Paralysis and how it s related to Astral Projection Written by a seasoned practitioner of astral projection and this book is an indispensable guide for anyone interested in exploring the frontiers of consciousness With step by step instructions practical tips and fascinating insights The Ultimate Guide to Astral Projection and will take you on an unforgettable journey beyond the limits of reality Astral Projection William Ortiz, 2021-01-17 Have ever an Astral Projection took place on your body Would you like to experience this type of separation between body and spirit Also called Astral Travel the expression Astral projection refers to an Out of Body Experience also called OBE during which the astral body leaves the physical body and travels to the astral plane It can occur naturally as part of the sleep process or it can be performed through lucid dreaming or deep meditation Also called Astral Travel the expression Astral projection refers to an Out of Body Experience also called OBE during which the astral body leaves the physical body and travels to the astral plane It can occur naturally as part of the sleep process or it can be performed through lucid dreaming or deep meditation Basically the concept of astral projection hinges on the belief that

there is something called an astral plane and that it is one of the seven planes of being and humans generally live on the material plane The mythicized astral plane is considered to be the home of not only souls finding their way to their their next life or final resting place but also angels and spirits that are more than human Astral projection is the personal gateway into the realms of the consciousness exploration In this step by step guide you will learn everything you need to learn about how to leave your body and travel successfully You will also learn about the landscape of the astral planes and the beings that inhabit them so that you can interact and learn from them Zero knowledge is assumed as this book starts right from the beginning Get ready to transcend your physical body and explore the astral realms and prepare yourself for an amazing adventure as you explore and grow spiritually Here Is A Preview Of What You ll Learn Freeing Your Mind Through Astral Projection When Traveling The Astral Plane Your Own Out Of Body Experience The Power Of Meditation Spirituality And Astral Projection Meditation 101 Understanding Your Chakras Understanding Kundalini Yoga Tai Chi Much Much More Download your copy today Discover the Secrets of Lucid Dreaming Sergio Rijo, 2023-04-02 Discover the Secrets of Lucid Dreaming is the ultimate guide to unlocking the power of your dreams This book offers a comprehensive introduction to the world of lucid dreaming and provides a step by step approach for achieving lucidity in your dreams With this book you will learn how to use lucid dreaming as a tool for personal growth and transformation Whether you want to conquer fears and phobias enhance creativity or heal emotional wounds lucid dreaming can help you achieve your goals Discover the Secrets of Lucid Dreaming features personal success stories expert interviews and practical techniques for achieving lucidity in your dreams You will learn how to develop your dream recall increase your awareness in your dreams and take control of your dream environment This book also explores the unknown possibilities of lucid dreaming including astral projection dream sharing and lucid dreaming while awake You will learn how to use lucid dreaming to explore the depths of your subconscious and connect with your higher self Discover the Secrets of Lucid Dreaming is accessible to anyone interested in exploring the power of their dreams Whether you re a seasoned lucid dreamer or a beginner just starting out this book will provide you with the tools and knowledge to transform your life through the power of lucid dreaming So if you re ready to take control of your dreams and unlock your full potential then Discover the Secrets of Lucid Dreaming is the book for you Start your journey today and discover the limitless possibilities of lucid dreaming Astral Projection: Discover How to Use Astral Projection as Fast as Tonight (A Light Workers Guide to Astral Projection & Energetic Healing) Herbert Chalmers, 101-01-01 This comprehensive guide offers a detailed exploration of astral projection providing you with the knowledge techniques and insights to navigate the astral realms with confidence and clarity Discover the power of visualization relaxation and meditation as you learn how to separate your consciousness from your physical body and explore the expansive astral planes Delve into various techniques such as the Rope Method Body of Light and lucid dreaming and gain a deeper understanding of the astral dimensions and their significance You will discover The fundamentals of astral projection and how to prepare your

energy for healing journeys Techniques for working with astral temples sacred geometries and high vibrational beings for deeper healing How to perform soul retrieval heal karmic patterns and work with collective energy for global transformation Ethical principles to guide your practice ensuring your healing work align with free will integrity and the highest good Methods for integrating astral insights into daily life empowering you to maintain balance grow spiritually and uplift others This book offers practical methods meditations and advanced practices to help unlock non physical exploration Whether you re seeking spiritual insight healing or direct experience of consciousness beyond the body this guide provides the tools and encouragement to explore safely and intentionally **Astral Projection and Lucid Dreaming** Theodore Garcia, 2021-01-18 Astral projection sometimes called astral travel is an intentional out of body experience OBE Those who engage in astral projection believe in the existence of a soul or a sense of consciousness that is separate from the physical body which is referred to as the astral body This astral body is capable of traveling outside of or away from the physical body which is how astral projection or astral travel is achieved Once you know how to safely astral project the experiences you are capable of having are phenomenal Astral projection and travel can be used for everything from visiting other realms or visiting different areas of earth without physically going there to performing energy work on yourself in a deeply spiritual way Why Learn About Astral Travel Experience lucid dreams Increase Concentration Aid in relaxation Increase positive thinking Leave you more open to possibilities Increased confidence Decrease the effect of fear Inside this book you ll discover The benefits of astral projection Its risks Proven techniques Visualization Tips for developing the right state of mind And so much more Discover what you can accomplish with an out of body experience and explore the physics of the nonphysical world Learn how to navigate the delicate balance of the mind body and spirit that s required to project Now is your opportunity to have your questions answered and achieve a conscious out of body experience for yourself Astral Projection Kimberly Moon, 2019-01-02 If you have always wanted to feel better and become more spiritual but have not known where to start then keep reading Are you sick and tired of not achieving the spiritual growth you desire or not having the ability to leave your physical body to travel through the astral realm Have you tried endless solutions but nothing seems to work for more than a few weeks Do you finally want to say goodbye to feeling stuck and having questions and discover something that works for you If so then you ve come to the right place You see spiritual growth and astral travel don t have to be difficult even if you ve tried other solutions that haven t seemed to work such as hypnosis or other paranormal techniques In fact it could be easier than you think There are many reports of successful astral projections with positive outcomes for the participants demonstrating that out of body experiences are real Here's just a tiny fraction of what you'll discover Background information on astral projection what is the attraction and why do people want to have out of body experiences Best methods and techniques how to perform them how to jump start your experience real world information that you can do in your daily life to enhance the experience and what to expect during your preparation and journey Frequently asked questions you will

get as much information as possible to answer any concerns or questions you have What it s like coming back how to ease your return into the physical world and what to do once you are back And much much more Take a second to imagine how you ll feel once you have successfully traveled through the astral realm and how your family and friends will react when they see how much calmer more focused and happier you are So even if you ve been disappointed by fake guarantees and promises that didn t come true don t worry You can still learn to have purposeful positive out of body experiences with astral projection And if you have a burning desire to get started on your spiritual journey to higher consciousness and willful astral projections then scroll up and click Add to Cart now **Astral Projection For Beginners** Mathias Eye,2021-06-07 Almost every night something happens during your sleep something that you re still thinking could be a figment of your imagination You go to bed you fall asleep and then all starts You feel the vibrating sensation that grows through your body you have a buzz in your ears just at the very moment when your mind is in the dimension between light sleep and REM phase While your body sleeps peacefully you find yourself floating over your bed You re floating on the side you re watching your hands It s like your body was made of stardust with an aura of little points of light Sometimes you could live magical experiences enjoying indescribable sensations and travel to awe some places but other times you may face bad nightmares fight with your big fears or dark shapes that immediately brings you back into your body At this point you suddenly wake up shaking with labored breathing and thinking that it was so real Well if you want to know what we re talking about here is the answer is Astral Projection How can you have control over it Would you like to enjoy these experiences even when your fears emerge Would you like to remember it every time that happens Then you will find all the theory hands on tools and useful tips that can truly support you in this book Astral Projection for Beginners Discover which are the steps that you need to live incredible journeys Develop self control the awareness to be a spirit and not a body and find the way for your astral travels Among the several chapters of this book you will find How to understand if you have astral projection experiences The 5 astral projection myths now debunked How to prepare yourself for astral projection The 7 keys to controlling the vibrations to reach a full state of astral projection How to begin to safely and consciously try astral travel at home Techniques and method to start your first astral projection TOP 13 astral projection tips The 6 things to avoid while attempting astral projection In depth theoretical explanations on Astral Travel OBE Astral Body and Astral Plane Don t be worried to wait so much or to fail at your first attempt even beginners can have their initial experiences after only 15 days of practice Reach a dimension where everything you want is possible and elevate yourself to a higher spiritual level Get Immediately A Copy Of This Book Click On **Astral Projection and Lucid Dreaming** Mari Silva, 2020-09-26 If you want to The Buy Now With 1 Click Button discover and explore the universe that lies within your mind then keep reading Two manuscripts in one book Astral Projection A Guide on How to Travel the Astral Plane and Have an Out Of Body Experience Lucid Dreaming for Beginners What You Need to Know About Controlling Your Dreams to Improve Your Sleep and Creativity Do you have experiences in

your subconscious you wish to explore Do you want to explore the universe and unravel the answers to mysteries in the non physical dimensions Do you want to unlock your inherent psychic abilities and discover more ways to improve yourself and get in tune with your higher self If you answered yes to any of these questions then this book is for you Part one of this book provides examples of astral projection experiences focusing particularly on how to achieve practical success and showing you how to project out of your physical form to explore the universe at will In part one you will learn How to prepare your body and mind for an exploration of non physical dimensions How to master the art of astral projection How to travel the astral plane and meet higher beings and entities How to improve your self awareness and attain higher levels of enlightenment and spirituality 5 Astral Projection Techniques used by experts 8 Things You Should Know Before Attempting an OBE Out of Body Experience Advanced OBE techniques How to discover and utilize your spirit guides How to increase your clairvoyant abilities via astral projection We all dream and whenever you dream you are traveling on a journey toward your inner universe This inner universe is formed from the fabric of your very being or existence This inner fabric is your dream The dream world is exciting and it also gives you a chance to explore your inner beliefs creativity aspirations goals and everything else associated with your persona Lucid dreaming might sound like an exotic concept but it is backed by science It is a skill anyone can learn and improve Lucid dreaming helps you prevent nightmares understand the power behind your choices explore your creativity become more aware of yourself and be in complete control of your own life Lucid dreaming is the key to self awareness Part two of this book will act as your guide every step along the way In this book you will learn about Dreams and their meanings Tips to prepare and get started with lucid dreaming Relationship between lucid dreaming and astral projections The link between lucid dreaming and shamanic journeying Lucid dreaming techniques for beginners Simple strategies to explore your dreamscape Tips to protect yourself during lucid dreaming 14 Common lucid dreaming mistakes and how to avoid them 5 Advanced lucid dreaming techniques and much more So if you want to learn more about astral projection and lucid dreaming then scroll up and click the add to cart button Astral Projection: A Complete Guide to Exploring Nonphysical Reality (The Complete Guide for Beginners on Astral Projection, and How to Travel the Astral *Plane*) Luis Edwards,101-01-01 Do you want to unlock your inherent psychic abilities and discover more ways to improve yourself and get in tune with your higher self If you answered yes to any of these questions then this book is for you Part one of this book provides examples of astral projection experiences focusing particularly on how to achieve practical success and showing you how to project out of your physical form to explore the universe at will Inside you ll discover Lucid dreaming mastery proven methods to recognize dream states increase awareness and take control of your dream world Astral projection techniques step by step practices for safe and profound out of body experiences Sleep psychology insights scientific explanations of brainwave patterns rem cycles and the neurological basis of altered states Consciousness exploration tools to expand awareness deepen meditation and explore the boundaries of reality Practical applications use

lucid dreaming and astral travel for creativity problem solving self discovery and spiritual growth Are you dreaming of experiencing astral projection Does the idea of consciously leaving your physical body to explore the astral world and ours fascinate you Then this 100% practical guide is made for you In this book designed for beginners you ll find a simple 8 step method Simply follow the guide and get ready for the adventure **Astral Projection** Willa Mason, 2023-01-14 Have you ever had an Astral Projection on your body Do you want to experience this kind of separation of body and spirit Astral projection also known as Astral Travel refers to an Out of Body Experience also known as OBE in which the astral body leaves the physical body and goes to the astral plane It may happen spontaneously as part of the sleep process or induced via lucid dreaming or intense meditation Essentially the notion of astral projection is based on the belief that there is an astral plane which is one of the seven levels of existence and that people reside in the material world. The mythicized astral plane is said to be the abode of more than human angels and spirits as well as souls on their route to their next life or last resting place Astral projection is the individual s portal into the world of consciousness inquiry If you wish to have an OBE Out of Body Experience it is a good idea to grasp all of the hazards that come with astral projection before you do it Inside the book you ll discover the following how to exit while being aware and recalling your astral experience get your mind and body in shape for the experience Hypnosis and meditation being able to leave the body for the first time what you could find top Astral Projection Methods as well as much more Scroll up and add Astral Projection by Willa Mason to your shopping basket

Astral Travel Nicole Harrington,2015-09-21 For people who want an incredible level of control over their mind and body For the first time two books Astral Projection by Nicole Harrington and Astral Projection by Joy Martel are being offered in one collection Discover how to tap into a new metaphysical realm with your body s inner power and change your life forever Description from Astral Projection by Nicole Harrington We have all heard stories about people who have mysteriously left their bodies and gone on journeys to faraway lands Strangely these stories have not just appeared in modern times but have been occurring throughout history for thousands of years People who have achieved Astral Projection often say that the experience resembled leaving their bodies and existing in a different dimension often referred to as the Astral Plane For years I have studied historical texts in order to hone my techniques and skills in astral travel There is no greater thrill than being able to hand this knowledge about astral projection down to those who are looking to achieve out of body experiences. These experiences can be life changing opening a person up to look at the world in a whole new light Come and learn the secret techniques needed for these out of body experiences in Astral Projection Description of Astral Projection by Joy Martel Do you feel that you are not living up to your potential Would you like to feel more connected with your body and your mind Imagine how much better life would become if you could only unlock your true potential and harness the power that resides within you As a young adult I believed that no matter how hard I tried how hard I applied myself whether in work school or family life I wasn t reaching my full potential I felt that I could achieve so much more The problem was I couldn't figure out

how to unlock my true potential It wasn t until I discovered astral projection and travel that life changed forever as a new world opened up to me allowing me to tap into the mental and physical reserves I always knew I had Over the years I have helped others unlock their potential to finally start living life on their own terms By employing easy to learn strategies anyone can discover the wonderful benefits of astral projection And this book will show you how finally helping you activate the extra potential you know you have Astral Projection Monique Joiner Siedlak, 2018-06-13 Have you ever had an out of body experience Is it something you would like to know What you will learn in these pages What Is Astral ProjectionBasic Astral Projection MethodsMoving in the Proper State of MindDirecting Your Astral Body While there are an unending amount of theories start with just one and see where it takes you Learn to see the world in a different way Michael Marr, 2021-01-17 There's More To Explore Than Just The Physical World Here's How To Visit The Astral Plane Without Leaving Your Room Have you ever had a vivid dream that ended in a terrifying fall waking you up Congratulations you ve been to the astral plane And if you re curious about the afterlife supernatural creatures or psychic abilities it s time to go there again A journey to the astral plane is called astral projection So what is Astral Travel Projection Astral projection is a conscious out of body experience that assumes the existence of consciousness or soul Astral body can travel outside the physical body throughout the universe by leaving the physical body. The astral body can float and traverse across the world or observe the environment Individuals who practice astral projection are aware of what s happening around them The belief of astral projection as a real phenomenon and not a fabrication of the mind can even be supported by quantum physics Since as quantum physics suggests everything is energy and we are all connected Having that in mind separating your consciousness from your physical body to explore the fourth dimension the astral realm is something absolutely possible Astral projection gives you incredible freedom During an astral projection you can do absolutely everything you desire like flying over the world visiting friends and observing them going back in time communicating with higher frequency beings and even having astral sex The possibilities in the astral realm are limitless Many people believe astral projection as the ultimate evidence of life after death and a solid proof for the hypothesis that other higher dimensions exist and the fact that our consciousness is separate from our physical bodies and our life here on earth is simply a small journey Here Is A Preview Of What You ll Learn Frequently asked question about Astral Travel How to Astral Travel Time Tested Astral Projection Techniques Experiencing a Higher Consciousness And Much much more Download your copy today **ASTRAL PROJECTION** Willa Mason, 2021-12-12 Have you ever had an Astral Projection on your body Do you want to experience this kind of separation of body and spirit Astral projection also known as Astral Travel refers to an Out of Body Experience also known as OBE in which the astral body leaves the physical body and goes to the astral plane It may happen spontaneously as part of the sleep process or induced via lucid dreaming or intense meditation Essentially the notion of astral projection is based on the belief that there is an astral plane which is one of the seven levels of existence and that people reside in the material world The mythicized astral plane is

said to be the abode of more than human angels and spirits as well as souls on their route to their next life or last resting place Astral projection is the individual s portal into the world of consciousness inquiry If you wish to have an OBE Out of Body Experience it is a good idea to grasp all of the hazards that come with astral projection before you do it Inside the book you ll discover the following how to exit while being aware and recalling your astral experience get your mind and body in shape for the experience Hypnosis and meditation being able to leave the body for the first time what you could find top Astral Projection Methods as well as much more Scroll up and add Astral Projection by Willa Mason to your shopping basket

Astral Projection for Beginners Silvia Hill,2021-10-28 With this book you can explore the astral world peel back the veil shrouding alternate realms and states of consciousness and discover the truth about your rich multidimensional life

Astral Projection and Lucid Dreaming Jan Light, 2021-03-10 55% OFF for Bookstores NOW at 43 95 instead of 54 95 How many times has it happened to dream of flying or falling out of bed or waking up in the morning with the distinct feeling of having touched your dreams of having lived them as real There is an explanation for all this there is something that goes beyond the normal understanding of every day there are ASTRAL TRAVELS The Astral Travel is nothing more than the possibility of leaving our body and consciously acting on the other side of reality which to our senses and physical eyes appears imperceptible and invisible but it is nothing else depending on one s degree of evolution that the first stage after death overlooking the world as we see it every day but regulated by different laws To be able to do an Astral Journey you have to stay awake in the body that falls asleep Normally when we fall asleep we pass from the state of consciousness to that of unconsciousness but we are not our body it is therefore possible to remain conscious while the body falls asleep At this point you can feel some vibrations this is the time to try to get out of the body slowly Another possibility to get out of the body is offered to us by Lucid Dreaming If you are able to experience the state of lucid dreaming while in the dream you must wish the dream to end but without waking up Attention you do not have to wish to wake up but only for the dream to end At this point you will find yourself conscious in the sleeping body you just have to want to get out of the body get up and then go for a ride leaving your physical body In this collection Astral Projection for beginners Lucid dreaming made easy You will be taught all the techniques step by step until you are able to master them and be able to feel the various dimensions transfer your consciousness to another body creating a solid and indissoluble link between your individuality and the universe same Your Customers Will Never Stop to Use Awesome Book But it NOW and let your customers get addicted to this amazing book

Astral Projection for Beginners Mathias Eye,2021-06-28 Almost every night something happens during your sleep something that you re still thinking could be a figment of your imagination You go to bed you fall asleep and then all starts You feel the vibrating sensation that grows through your body you have a buzz in your ears just at the very moment when your mind is in the dimension between light sleep and REM phase While your body sleeps peacefully you find yourself floating over your bed You re floating on the side you re watching your hands It s like your body was made of stardust with

an aura of little points of light Sometimes you could live magical experiences enjoying indescribable sensations and travel to awesome places but other times you may face bad nightmares fight with your big fears or dark shapes that immediately brings you back into your body At this point you suddenly wake up shaking with labored breathing and thinking that it was so real Well if you want to know what we re talking about here is the answer is Astral Projection How can you have control over it Would you like to enjoy these experiences even when your fears emerge Would you like to remember it every time that happens Then you will find all the theory hands on tools and useful tips that can truly support you in this book Astral Projection for Beginners Discover which are the steps that you need to live incredible journeys Develop self control the awareness to be a spirit and not a body and find the way for your astral travels Among the several chapters of this book you will find How to understand if you have astral projection experiences The 5 astral projection myths now debunked How to prepare yourself for astral projection The 7 keys to controlling the vibrations to reach a full state of astral projection How to begin to safely and consciously try astral travel at home Techniques and method to start your first astral projection TOP 13 astral projection tips The 6 things to avoid while attempting astral projection In depth theoretical explanations on Astral Travel OBE Astral Body and Astral Plane Don t be worried to wait so much or failing at your first attempt even beginners can have their initial experiences after only 15 days of practice Reach a dimension where everything you want is possible and elevate yourself to a higher spiritual level Get Immediately A Copy Of This Book Click On The Buy Now With 1 Click Button

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Discover Astral Projection Introduction

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