# Colostrum Life's first food



The ultimate anti-aging, immune boosting and weight loss supplement

Daniel G. Clark MD Kaye Wyatt and David Coory

# **Colostrum Lifes First Food**

**Daniel G. Clark** 

#### **Colostrum Lifes First Food:**

Colostrum Daniel G. Clark,1996 Bovine colostrum the most incredible life supporting substance on the planet Find out how you may benefit from Colostrum and how it may even save your life or the life of someone you love Colostrum life's first food is produced by the mother's mammary glands during the first 24 28 hours after birth This special non milk fluid contains powerful immune and growth factors to insure the survival and healthy growth of the newborn Our body's growth and immune factors decline after puberty or with illness Colostrum has been shown to be the only supplement that can replace these vital components of life and only bovine colostrum from dairy cows has been shown to be safe and biologically transferable for human use Rebuilds the immune system destroys viruses bacteria and fungi accelerates healing of all body tissue lose weight burn fat increase bone and lean muscle mass slows down and even reverses aging Studies show we can actually prevent and reverse aging and end the symptoms of AIDS cancer heart disease diabetes auto immune diseases MS lupus rheumatoid arthritis allergies herpes bacterial and viral infections gingivitis colds flu and much more Back cover

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offers a one of a kind approach for optimal digestive health Unlike the traditional keto diet which contains inflammatory foods McGary s science based functional ketogenic program emphasizes a holistic nutritional and lifestyle plan to repair your gut while avoiding the dangers of gluten dairy soy starches sugars chemicals and pesticides She reveals how nearly everyone has some degree of gut damage and explains how this impacts your immune function energy levels and many health issues Drawing on her extensive knowledge of blood chemistry analysis and how to halt and prevent autoimmune challenges McGary details the right kind of lab tests needed for proper diagnosis of food sensitivities and autoimmune disorders and where to get them helping readers overcome the ongoing misdiagnosis that millions with gut problems and autoimmunity symptoms suffer Additionally she provides a thorough list of supplements and foods for gut healing delicious recipes that leave you feeling satisfied and strong and contemplative exercises to help you dive even deeper into healing Blending humor scientific information client examples and personal stories with unique insights into achieving optimal health McGary gives you the practical tools necessary to achieve a healthy digestive system sustainable well being and vibrant longevity

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