



# **CLINICAL ISSUES WITH INTERRACIAL COUPLES**

**THEORIES AND RESEARCH**

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# Clinical Issues With Interracial Couples

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## **Clinical Issues With Interracial Couples:**

**Clinical Issues with Interracial Couples** Volker Thomas, Joseph L. Wetchler, Terri Karis, 2014-02-25 Go beyond cookie cutter therapy and interventions to provide culturally relevant therapy that works for your clients in interracial relationships With this book you ll explore an array of relational issues faced by various configurations of interracial couples Then you ll learn specific intervention strategies for treating these couples in therapy The first section presents research and theoretical chapters on issues faced by interracial couples who are heterosexual the second focuses on issues facing racially mixed gay and lesbian couples and the third provides you with specific interventions to use with couples in interracial relationships Clinical Issues with Interracial Couples Theories and Research is an important addition to the collection of any therapist who counts an interracial couple among his or her clients From the editors Although interracial couples face challenges related to differences in their racial backgrounds couple and family theories have had little to say about how to work with these differences Not all couples are white married and heterosexual and there is a growing understanding that clinical practices based on these assumptions may not be adequate when working with interracial couples Recognizing the diversity of our clients the intent of this book is to contribute to more respectful and inclusive clinical practices that can address the treatment issues we face in the first decade of the twenty first century The first section of this book examines challenges faced by heterosexual interracial couples focusing on how black white couples experience and respond to racism and how they negotiate the racial and ethnic differences they face in their relationships the significance of race or lack of it in white women s relationships with black men with suggestions on how to create a therapeutic space for discussing race without over determining its significance marriages where one partner is of Latino a descent and the other of non Latino a white descent a pilot study of a rarely investigated population approaches interventions and strategies to use when treating multicultural Muslim couples Hawaii s unusual history of interracial ties and relationships the common challenges that face interracial couples there and therapeutic interventions that can benefit them The second section of Clinical Issues with Interracial Couples looks at the issues faced by same sex interracial couples Here is a sample of what you ll find clinical considerations for working with interracial intercultural lesbian couples pitfalls to avoid in therapy as well as suggestions for a conceptual approach for gay Latino men in cross cultural relationships The book s final section presents interventions for use with interracial couples Here you ll find assessment techniques and interventions geared toward black white couples information on doing effective therapy with Latino a white couples a case study of the therapeutic process as applied to an Asian American woman married to a white man seven therapists perspectives on working with interracial couples focusing on the historical context of intermarriage specific concerns and issues that interracial couples experience in their relationships and the experiences of therapists working with this diverse and challenging client population *Emotion-focused Couples Therapy* Leslie S. Greenberg, Rhonda N. Goldman, 2008 In Emotion Focused Couples Therapy The Dynamics of Emotion Love

and Power authors Leslie S Greenberg and Rhonda N Goldman explore the foundations of emotionally focused therapy for couples. They expand its framework to focus more intently on the development of the self and the relationship system through the promotion of self soothing and other soothing to deal with unmet needs both from the client's adulthood and childhood and to work more explicitly with emotions specifically fear anxiety shame power joy and love. The authors discuss the affect regulation involved in three major motivational systems central to couples therapy: attachment, identity, and attraction, and clarify emotions and motivations in the dominance dimension of couples interactions. Written with practitioners and graduate students in mind, the authors use a rich variety of case material to demonstrate how working with emotions can facilitate change in couples and by extension in all situations where people may be in emotional conflict with others. Greenberg and Goldman provide the tools needed to identify specific emotions and show the reader how to work with them to resolve conflict and promote bonding in couples therapy.

**Love's Revolution** Maria P. P. Root, 2001. When the Baby Boom generation was in college, the last miscegenation laws were declared unconstitutional, but interracial romances retained an aura of taboo. Since 1960, the number of mixed race marriages has doubled every decade. Today, the trend toward intermarriage continues, and the growing presence of interracial couples in the media, on college campuses, in the shopping malls, and in other public places draws little notice. *Love's Revolution* traces the social changes that account for the growth of intermarriage, as well as the lingering prejudices and false beliefs that oppress racially mixed families. For this book, author Maria P. P. Root, a clinical psychologist, interviewed some 200 people from a wide spectrum of racial and ethnic backgrounds. Speaking out about their views and experiences, these partners, family members, and children of mixed race marriages confirm that the barriers are gradually eroding, but they also testify to the heartache caused by family opposition and disapproving strangers. Root traces race prejudice to the various institutions that were structured to maintain white privilege, but the heart of the book is her analysis of what happens when people of different races decide to marry. Developing an analogy between families and types of businesses, she shows how both positive and negative reactions to such marriages are largely a matter of shared concepts of family rather than individual feelings about race. She probes into the identity issues that multiracial children confront and draws on her clinical experience to offer child rearing recommendations for multiracial families. Root's Bill of Rights for Racially Mixed People is a document that at once empowers multiracial people and educates those who ominously ask, "What about the children?" *Love's Revolution* paints an optimistic but not idealized picture of contemporary relationships. The Ten Truths about Interracial Marriage that close the book acknowledge that mixed race couples experience the same stresses as everyone else, in addition to those arising from other people's prejudice or curiosity. Their divorce rates are only slightly higher than those of single race couples, which suggests that their success or failure at marriage is not necessarily a racial issue. And that is a revolutionary idea.

Author note: Maria P. P. Root, Ph.D., is a clinical psychologist and past President of the Washington State Psychological Association. *Journal of Intergroup Relations*, 2003

The Journal of Intergroup Relations ,1991      **Multicultural Practice & Evaluation** Monit Cheung,Patrick Leung,2008

**Cross-cultural Practice with Couples and Families** Philip M. Brown,John S. Shalett,1997 Cultures included are Chinese Haitian Native American Korean and African American      **Multicultural Counseling and Psychotherapy** Leroy G. Baruth,M. Lee Manning,1991 The United States a haven for various cultural and ethnic groups for many years continues to benefit from the rich diversity among its people The increasing cultural diversity of the U S population also has given rise to a more intense need for multicultural counseling Culturally diverse clients may bring problems to counseling sessions related to a particular lifespan stage or to the frustrations and challenges often facing minority groups struggling to cope in a predominantly Anglo society Counselors perhaps not trained in multicultural intervention may not recognize or may underestimate the powerful influence of a client s cultural background and developmental period thus they may plan inappropriate counseling strategies preface      **Crossing the Line** Robert P. McNamara,Maria Tempenis,Beth

Walton,1999-03-30 Despite the increased number of interracial marriages in recent years Black White couples still experience a host of problems in American society particularly in the South Drawing on extensive interviews with 28 Black White couples living in the South this ethnographic study describes the issues and obstacles these couples have to face and documents their overwhelming sense of social isolation The problems include hostility encountered while the couple is in public ranging from stares to outright attacks as well as a lack of support and ostracization by their families After discussing the nature of Black White relationships and the historical implications of interracial couples beginning with slavery the authors adopt a life history approach which allows them to probe deeply into the meaning of the interviewees responses

**Sociological Abstracts** Leo P. Chall,2003 CSA Sociological Abstracts abstracts and indexes the international literature in sociology and related disciplines in the social and behavioral sciences The database provides abstracts of journal articles and citations to book reviews drawn from over 1 800 serials publications and also provides abstracts of books book chapters dissertations and conference papers      Interracial Marriage: Expectations and Realities Irving R. Stuart,Lawrence Edwin Abt,1973      **Catholic World** ,1963      *Social Casework* ,1987      **Special Issue: Celebrating Name's 10th Anniversary**

Penelope L. Lisi,Philip C. Chinn,2000 First Published in 2000 Routledge is an imprint of Taylor Francis an informa company

**Chicago Psychoanalytic Literature Index** ,1971      **Chicago Psychoanalytic Literature Index, 1920-1970** Institute for Psychoanalysis,1971      **Comprehensive Clinical Psychology** A.S. Bellack,Michel Hersen,1998-08-20

**Lesbians and Gays in Couples and Families** Joan Laird,Robert-Jay Green,1996-06-13 The first book to focus on clinical work with lesbians and gays in family relationships This groundbreaking resource provides you with a wealth of fascinating research and case examples as well as recommendations and suggestions for working with gay couples and families Joan Laird and Robert Jay Green have gathered a distinguished panel of practitioners to create this comprehensive collection The contributors address the experiences of lesbians and gay men as couples and as parents and examine their relationships with

the families in which they were raised      *Clinical and Forensic Interviewing of Children and Families* Jerome M. Sattler, 1998 Clinical and Forensic Interviewing of Children and Families Guidelines for the Mental Health Education Pediatric and Child Maltreatment      *Contemporary Clinical Psychology* Thomas G. Plante, 1999 This text provides an overview of contemporary clinical psychology from an integrative biopsychosocial perspective It highlights the various activities roles and responsibilities of the contemporary clinical psychologist as well as presents a scholarly portrayal of the field through a detailed review of its history scientific underpinnings and theoretical orientations

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