STAY AT HOME MOM

DAILY

Before 8:30 am	Eat, get dressed, brush teeth
8:30 - 9:30 am	Academic time: reading & math
9:30 - 10:30 am	Outside time- walk, games, play
10:30 - 11:30 am	Art or building time: Paint, color, legos
11:30 am - 12:00 pm	Lunch
12:00 - 1:00 pm	Chore time: Fold laundry, dust, sweep
1:00 - 2:00 pm	Quiet Time: Puzzles, reading, audio books
3:00 - 4:00 pm	Academic Time: Electronics/movies ok
4:00 - 5:00 pm	Outside time
5:00 - 6:00 pm	Dinner time
6:00 - 7:30 pm	Free time (tv or free play)
7:30 - 8:15 pm	Bedtime Routine
8:15 pm	Bedtime

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Working Mother, 2002-10 The magazine that helps career moms balance their personal and professional lives Backpacker, 2007-09 Backpacker brings the outdoors straight to the reader's doorstep inspiring and enabling them to go more places and enjoy nature more often The authority on active adventure Backpacker is the world's first GPS enabled magazine and the only magazine whose editors personally test the hiking trails camping gear and survival tips they publish Backpacker's Editors Choice Awards an industry honor recognizing design feature and product innovation has become the gold standard against which all other outdoor industry awards are measured Los Angeles Magazine ,2003-11 Los Angeles magazine is a regional magazine of national stature Our combination of award winning feature writing investigative reporting service journalism and design covers the people lifestyle culture entertainment fashion art and architecture and news that define Southern California Started in the spring of 1961 Los Angeles magazine has been addressing the needs and interests of our region for 48 years The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian **Popular Mechanics**, 2000-01 Popular Mechanics inspires instructs and influences readers to help them master the modern world Whether it s practical DIY home improvement tips gadgets and digital technology information on the newest cars or the latest breakthroughs in science PM is Balance With Blended Learning Catlin R. Tucker, 2020-01-09 Rethink the the ultimate guide to our high tech lifestyle roles responsibilities and workflow in your blended learning classroom and enjoy balance in your life Blended learning offers educators the opportunity to reimagine teaching and learning It allows teachers to partner with their students to assess track and reflect on learning This partnership gives teachers more time and energy to innovate and personalize learning while providing students the opportunity to be active agents driving their own growth If one thing is certain after the 2019 2020 school year blended learning is here to stay Learning must be a shared endeavor between the teacher and the learner This book provides teachers with strategies to rethink traditional workflows to make teaching practices sustainable Written by blended learning expert Catlin Tucker this resource provides teachers with concrete strategies and resources they can use to partner with their students to actively engage them in setting goals monitoring their development reflecting on their growth using feedback to improve work assessing the quality of their work and communicating their progress with parents Balance With Blended Learning includes Practical strategies for teachers overwhelmed by their workloads Routines and protocols designed to move feedback and assessment into the classroom to eliminate much of the work teachers take home Ready to use templates and resources designed to help students take an active role in tracking monitoring and reflecting on their progress Vignettes written by teachers across disciplines Stories from the author's extensive experience both as a teacher and blended learning coach Redefining roles in a blended learning classroom encourages students to take ownership over their learning journeys and helps teachers feel more effective efficient and energized Consumer Sourcebook Matthew

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