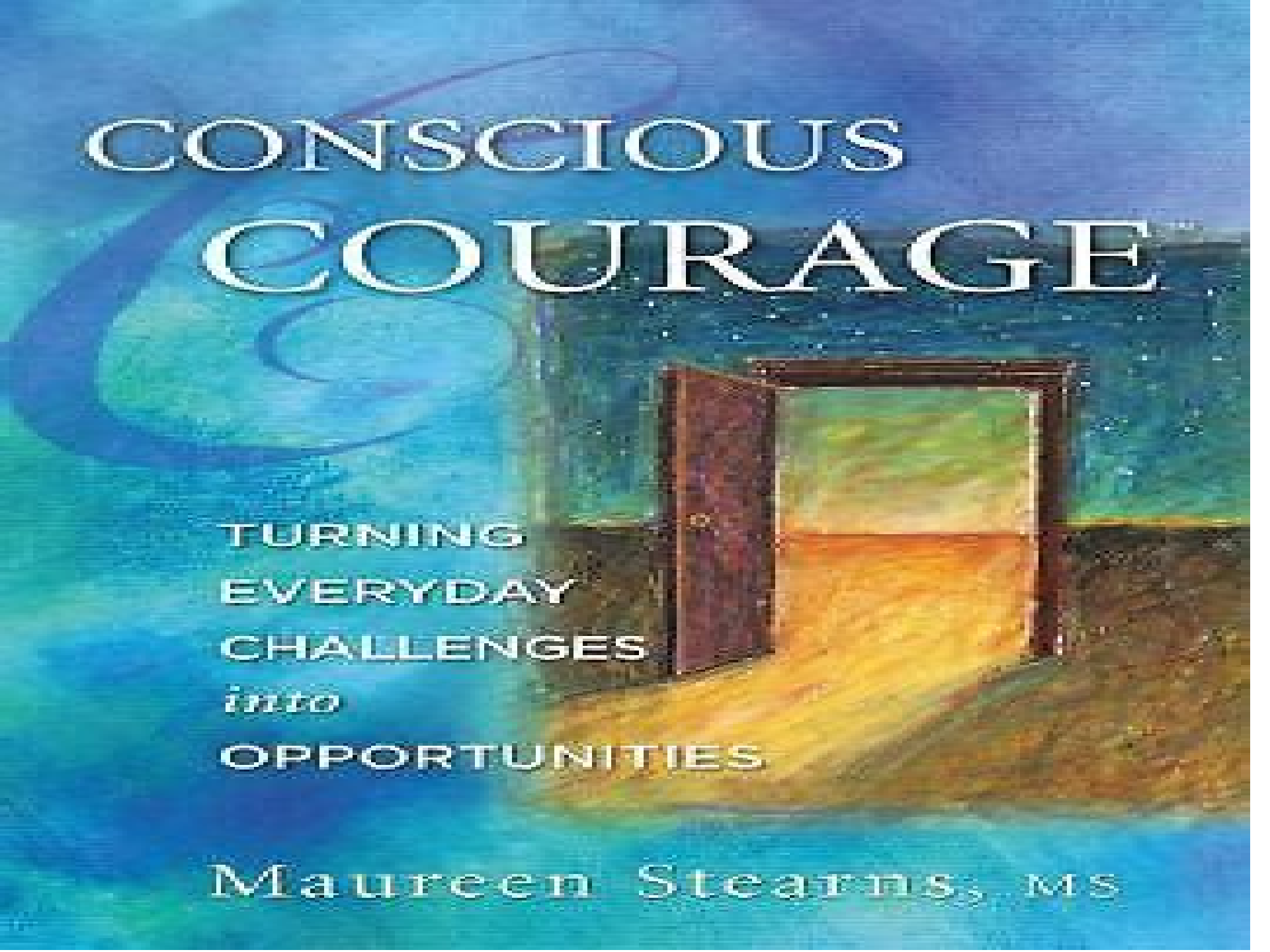


CONSCIOUS COURAGE

The background of the entire image is a painting. It features a dark, swirling blue and green pattern on the left side, which transitions into a bright, sunlit landscape on the right. In the center-right, there is an open doorway with a dark wooden frame. The doorway leads to a bright, sunlit landscape with a yellowish-orange ground and a green sky. The overall mood is one of hope and transformation.

TURNING
EVERYDAY
CHALLENGES
into
OPPORTUNITIES

Maureen Stearns, MS

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Therapist's Use of Self Matthew D. Selekmán, 2023-12-22 This book encourages and trains students and practicing marriage and family therapists to bring themselves into the therapy room offering guidelines and strategies for being more present and personal with their clients Mental health professionals are often taught and trained that therapy is serious business to be cautious and conservative with therapeutic decision making and to stick to empirically supported and specific tools in sessions What gets lost in this positivistic formulaic and scientific way of working are therapists own unique voices their creativity flexibility and the sense of playfulness that make the change process fun and upbeat The Therapist s Use of Self equips therapists with the skills they need to deepen their alliances with clients to liberate themselves from an overreliance on models and to bring their whole selves to the therapeutic encounter Chapters cover pioneers in the field before exploring ways to bring ideas from outside the therapy room including from music art literature and film The book includes a key chapter on teletherapy and each chapter presents major therapeutic tools and strategies case examples the resulting outcomes and key takeaways Students of psychology social work nursing and marriage and family programs as well as mental health professionals will benefit from this book with a plethora of therapeutic tools guidelines and strategies for catalyzing change with even the most challenging couples and families *The Return of Oral Hermeneutics* Tom

Steffen, William Bjoraker, 2020-05-01 Have Western exegetes turned an Eastern book into a Western one Has our fondness for a fixed printed text capable of being analyzed with precision and exactitude blinded us to other hermeneutic possibilities Does God require all people to be able to analyze grammar to interpret Scripture Does God assume all people can interpret

Scripture through oral means The authors recognize the effects of centuries of literacy socialization that produced a blind spot in the Western Christian world the neglect by most in the academies agencies and assemblies of the foundational and forceful role orality had on the biblical text and teaching From the inspired spoken word of the prophets including Jesus pre text to the elite literate scribes who painstakingly hand printed the sacred text to post text interpretation and teaching the footprint of orality throughout the entire process is acutely visible to those having the oral aural influenced eyes of the Mediterranean ancients Could oral hermeneutics be the mother of relational theology

10 Dates to Your Soulmate Christie Kederian,2025-02-04 Say goodbye to ghosting gaslighting games and guilt from past mistakes in dating relationships 10 Dates to Your Soulmate uncovers how you can get from a first date to knowing someone is your soulmate in 10 dates or less Finding forever love doesn't have to feel impossible 10 Dates to Your Soulmate is a road map that gets you past first dates providing practical dating tips and strategies as well as insightful questions and observations to help you not only identify a good partner but also recognize your own roadblocks to love and move past them once and for all In this book relationship therapist and celebrity matchmaker Dr Christie Kederian presents a research backed and proven step by step process that will help you Get clear about who you are what you're looking for and your expectations for a relationship Evaluate your past and understand how previous relationships may be holding you back from creating love with someone new Explore attachment wounds fears and vulnerabilities that often come to the surface early in a relationship Identify common self protective strategies that are no longer helping you and distinguish trauma responses from true red flags And after 10 dates help you understand how to approach the future of the relationship with confidence and clarity Learning about someone's character is a lifetime endeavor but in knowing how to ask the right questions and show up authentically you will more quickly and less painfully grow a deeper relationship with your date and with yourself

Get a Hold of Yourself Troy D. Watson,2025-07-29 Jesus doesn't shy away from our complexities or contradictions Nor should we We often sense a gap between who we are and who we could be should be or feel called to be I don't understand myself the apostle Paul writes in the New Testament Why do I struggle to do the things I want to do and keep doing the things I don't want to do That might be one of the most relatable passages in the Bible As Christians we're inclined to seek the Scriptures for guidance but even Jesus' teachings can be confusing If Jesus says we are to die to ourselves and deny ourselves how do we do that while loving and being true to ourselves How do we accept our need for growth and grace without feeling like hypocrites How can we become more Christlike while also becoming more like ourselves In *Get a Hold of Yourself* pastor Troy Watson digs into some of Jesus' puzzling teachings to unearth how we can learn to face contradictions rather than avoid them Jesus' perplexing stories and paradoxical sayings are meant to shake people from their social defaults and awaken them to a new reality When we embrace ourselves as both sinners and saints hurting and healed cowardly and courageous we are empowered to live more authentically in our complicated world

Dark Horse Larry Spencer,2021-11-15 Gen Larry O Spencer USAF Ret was

born and raised on the Horseshoe a tough inner city street in southeast Washington D C Both parents lived in the rural south under Jim Crow and separate but equal laws Spencer s father was a career Army soldier who lost his left hand during the Korean War suffered from post traumatic stress disorder and worked two jobs His mother completed tenth grade had no driver s license and was left alone during the week to raise their six children The Horseshoe was a hard neighborhood where fights were common and the school systems were second rate The expectations of living in an all Black neighborhood were to be good at sports while shunning academic prowess Spencer met those expectations he struggled in school but teachers who did not want to see him repeat their class would pass him to the next grade That environment resulted in poor self esteem and a bleak outlook for the future Quite by chance Spencer enlisted in the U S Air Force where he continued to struggle with the racial turmoil of the 1970s A senior non commissioned officer saw promise in Spencer and guided him to obtain a college degree and apply for Officer Training School where he excelled As a very young first lieutenant he was assigned to a tough job in the Pentagon but Spencer earned an early reputation as a fast burner In 1990 he took command of a squadron that won accolades and awards for their performance during Operation Desert Shield Storm Spencer went on to serve at the White House and then successfully commanded a Group and a Wing before being assigned as the chief financial officer comptroller for Air Combat Command the largest command in the Air Force During that assignment Spencer was promoted to brigadier general and was tasked to set up a new Directorate at Air Force Materiel Command Spencer later returned to the Pentagon where he led Air Force Budget He ultimately became the Air Force s thirty seventh vice chief of staff making him one of only nine African Americans promoted to four stars Spencer concludes his historic climb with life lessons learned on his journey from the inner city to the Pentagon

Modern Kinship David Khalaf,Constantino Khalaf,2019-01-08 Same sex marriage may be legal in America but its still far from the accepted norm especially in Christian circles So where can LBGTQ Christians who desire a lifelong covenantal relationship look for dating and marriage advice when Christian relationship guides have not only simply ignored but actively excluded same sex couples David and Constantino Khalaf struggled to find relational role models and guidance throughout dating their engagement and the early months of their marriage To fill this void they began writing *Modern Kinship* a blog exploring the unique challenges queer couples face on the road from singleness to marital bliss Part personal reflection part commentary and full of practical advice *Modern Kinship* explores the biblical concept of kinship from a twenty first century perspective This important resource tackles subjects such as dating outside of smartphone apps overcoming church and family issues meeting your partners parents deciding when and how to have children and finding your mission as a couple *Modern Kinship* encourages queer Christian couples to build God centered partnerships of trust and mutuality

Forthcoming Books Rose Arny,2004 The Writers Directory ,2013

Record of Christian Work Alexander McConnell,William Revell Moody,Arthur Percy Fitt,1922 Includes music **School Education** ,1896 Challenge , **International Journal of Religious Education** ,1926 **North-western Christian**

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